COVID-19 Inforr Hosted by: Veterans Collabo			
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RESOURCE	STATUS	PHONE	EMAIL
Veterans Collaborative	Slack - Communicate with other veterans service providers in the network		
Veterans Collaborative	RISEUP.vet - Shared Calendar: Post your events on the central calendar to share with everyone in the network		
Veterans Collaborative	Network Directory Find information about organizations and contact for participants in the network		
Veterans Collaborative	Learn – Training & Learning Opportunities for Service Providers (Shared Calendar)		
Veterans Collaborative	Regional Resources – Massachusetts   Northeast   Southeast   Central   Western		
Swords to Plowshares	<u>Toolbox.vet</u> – online library that aims to better equip advocates and providers with the tools they need to connect with veterans of all ages and assist them.		
Bob Woodruff Foundation – Local Partner Network	COVID-19: Resources for Veteran-Serving Collaboratives		
Coordinated Veterans Services	Many of you are partners in the <b>Coordinated Veterans Services</b> network – it is designed to help you conduct casework and referrals from remote locations. We suspect many of you, like us, have suspended all face-to-face meetings with clients. We are using phone, video chat, email and the website to connect with military and veteran families looking for assistance and record case notes. By participating in this collaborative network, you have the full capacity of our Team of Teams (per GEN (Ret) McChrystal) – no matter where you are conducting business over the next few weeks. If you are not part of the network (yet), you can still refer veterans whose needs you can't meet to the network to be matched with available resources.	888.887.3107	info@coordinatedvetservices.org
<u>TechSoup</u>	Managing the Impact of COVID 19 on Nonprofits		
FEDERAL			
White House / HHS / CDC	Information regarding the overall government response with the most up to date health-related guidance and information		
<u>Department of Veterans</u> Affairs	For the latest VA updates		
VA Coronavirus FAQs	Our call centers and some VA health facilities are currently experiencing very high numbers of calls. To help us address the most urgent needs first, we ask that you use our online tools and frequently asked questions for routine or non-urgent questions. We'll continue to update this page as the situation changes.		
VA Public Health Response	Information on VA COVID-19 response measures, testing, positive veteran cases, and deaths.		
World Health Organization	WHO advice for the public		
Federal Emergency Management Agency	Rumor control page addressing facts vs. myths on federal response		
Military OneSource			
FEMA	COVID-19 Funeral Assistance – Under the Coronavirus Response and Relief Supplemental Appropriations Act of 2021 and the American Rescue Plan Act of 2021, FEMA will provide financial assistance for COVID-19-related funeral expenses incurred after January 20, 2020.		
Hanscom Air Force Base			
Center for Disease Control			
Food and Drug Administration	News about ventilators, test kits, monitoring vital signs, etc as they monitor medical product and food supply chains for potential shortages and disruptions		
Federal Trade Commission	Avoid coronavirus scams - this site has tips and information on responding to fake government officials.		
<u>Consumer Financial</u> Protection Bureau	Information about protecting finances, consumer complaints, protecting credit, debt, etc.		
<u>Housing and Urban</u> Development	Information for HUD assisted residents		
Immigration & Customs Enforcement	Seeking testing, treatment or preventative care for coronavirus will not be used against anyone in any public charge analysis. Remember that using public benefits will not impact you if you are a green card holder, U.S. citizen, refugee, asylum seeker, VAWA recipient, TPS holder, or holder of a U or T visa. Many benefits, including CHIP, WIC, LiHEAP, SSDI, free school lunch, and disaster relief, are not included in public charge.		

Hosted by: Veterans Collabo	rative		
-	ne tracker, just click and start typing.		
RESOURCE	STATUS	PHONE	EMAIL
House Committee on /eterans Affairs	The House Committee on Veterans' Affairs is in daily communication with VA leadership and has put together a resource page for veterans.		
COMMONWEALTH OF MASS	ACHUSETTS		
COVID-19 Information Line - 211	Call the Massachusetts COVID-19 Information Line (211) if you have questions or concerns about COVID-19. The call center is equipped to handle a high call volume. Call, text or chat with your local 211 to speak with a community resource specialist in your area who will help you find services and resources that are available to you, including supplemental food and nutrition programs, shelter and housing options, utilities assistance, emergency information and disaster relief, services for veterans, employment and education opportunities, health care, vaccination and health epidemic information, addiction prevention and rehabilitation programs, reentry help for ex-offenders, support groups for individuals with mental illness or special needs, and a safe, confidential path out of physical and/or emotional domestic abuse. 211 is committed to being the first, most essential resource to anyone who needs help.	211	
Joint Base Cape Cod	(no current status available on website)		
Massachusetts Department of Public Health	The Massachusetts Department of Public Health is working closely with the federal Centers for Disease Control and Prevention (CDC) to provide updated information about the novel coronavirus outbreak.		
	COVID-19 cases, quarantine, and monitoring in Massachusetts		
Massachusetts Department of Unemployment Assistance	DUA oversees the unemployment insurance (UI) program, which provides temporary income assistance to eligible workers in Massachusetts. DUA also determines and collects employer contributions to the UI program.		
	Sen. Brownsberger's COVID-19 Recession Relief resources: being updated daily to reflect recession relief resources for different categories of people, and includes information about city, state, and national policies and procedures.		
	Sen. Brownsberger's COVID-19 Social Distancing resources: keeps track of status of all public spaces and closures.		
LOCAL			
City of Boston	Boston Public Health Commission	Text BOSCOVID to 99411 for daily updates.	
City of Cambridge	Members of the community are urged to visit the Cambridge's website to keep current with relevant information. Residents can register to receive critical alerts and email updates with information related to COVID-19 in Cambridge.	Text BOSCOVID to 99411 for daily updates.	
City of Cambridge - NextDoor	Cambridge has joined the social network NextDoor to post key information about the City's response. Residents can engage with the City's posts with questions and comments and send private messages to the City.		
East Boston Neighborhood	te ebnhc.org/covid19 Free COVID testing for symptomatic individuals	617-568-4500	
GENERAL			
	Your Questions About Life Under Coronavirus, Answered		
Mass General Hospital	COVID-19 Information Page		
Johns Hopkins Coronavirus Resource Center	Johns Hopkins experts in global public health, infectious disease, and emergency preparedness have been at the forefront of the international response to COVID-19. This website is a resource to help advance the understanding of the virus, inform the public, and brief policymakers in order to quide a response, improve care, and save lives.		

RESOURCE	INFORMATION	PHONE	EMAIL	
/eterans Collaborative	Entrepreneurship Resource Network			
/eterans Collaborative	Training & Learning Opportunities for Service Providers			
Federal				
Federal Resources for Small Businesses	This platform provides small businesses with access to a consolidation of COVID-19 related information and resources from multiple federal agencies. This site is developed through a partnership between the Association of Women Business Center and America's SBDC and is supported by the U.S. Small Business Administration (SBA) under the Coronavirus Aid, Relief, and Economic Security (CARES) Act.			
Small Business Administration	The U.S. SBA will offer low-interest federal disaster loans for working capital to Massachusetts small businesses suffering substantial economic injury as a result of COVID-19. Applicants may apply online, receive additional disaster assistance information and download applications online. Applicants may also call SBA's Customer Service Center or email for more information on SBA disaster assistance. Completed applications should be mailed to U.S. Small Business Administration, Processing and Disbursement Center, 14925 Kingsport Road, Fort Worth, TX 76155.	800-659-2955 (TTY 800-877-8339)	disastercustomerservice@sba.gov	
BA Paycheck Protection Program	The Paycheck Protection Program (PPP) ended on May 31, 2021. Existing borrowers may be eligible for PPP loan forgiveness.			
Small Business Administration	COVID-19 Guidance & Resources – Provides training, resources, mentors and advisors to assist with all aspects of starting and growing a business. Access to capital, government contracting, international trade, international trade and innovation.			
Alchemy Community Transformations	This site is developed by the Association for Women Business Center and America's SBDC and is supported by the U.S. Small Business Administration (SBA) under the Coronavirus Aid, Relief, and Economic Security (CARES) Act.			
SBA Economic Injury Disaster Relief Loan (EIDL) Program	The <u>SBA Economic Injury Disaster Relief Loan (EIDL) Program</u> can support businesses who quality. **JULY 11 UPDATE** Having allocated the full \$20 billion that was appropriated by Congress, SBA will discontinue making EIDL Advances to new applicants. By law, the SBA is not permitted to issue new EIDL Advances once all program funding has been obligated. EIDL loan applications will still be processed even though the Advance is no longer available. As a reminder, the loan portion of the EIDL program continues to have funds available at very affordable terms, including a 3.75% interest rate for small businesses and 2.75% for non-profit organizations, a 30-year maturity, and an automatic deferment of one year before monthly payments begin. Every eligible small business and non-profit is encouraged to apply to get the resources they need.			
Department of Labor Wage and Hour Division	The Wage and Hour Division provides information on common issues employers and employees face when responding to COVID-19, and its effects on wages and hours worked under the Fair Labor Standards Act (FLSA), job-protected leave under the Family and Medical Leave Act (FMLA), and paid sick leave and expanded family and medical leave under the Frairily and Medical Leave Act (FFCRA). FFCRA will help the United States combat and defeat COVID-19 by giving all American businesses with fewer than 500 employees funds to provide employees with paid leave, either for the employee's own health needs or to care for family members. The legislation will ensure that workers are not forced to choose between their paychecks and the public health measures needed to combat the virus while at the same time reimbursing businesses.			
State Government				
/assachusetts	The Commonwealth is establishing a COVID-19 contracting vetting, validation help desk for business seeking to provide services to the state, a municipalities and other Commbuys users. For now submit the offer packages via email.		Covid19purchasing@mass.gov	
Massachusetts WorkShare Program	WorkShare is a program that offers a smart alternative to layoffs. Employees work reduced hours while collecting unemployment benefits to supplement their lower wages.		contropolionaling@inaco.gov	
Local Government				
Boston Office of Small Businesses	The Office of Small Businesses Development is working to help any restaurant & bar establishments get signed up on mobile ordering platforms. Companies like GrubHub are even waiving commission fees. Contact the Office of Small Business Development for assistance.			
<u> Boston Small Business Relief</u> Fund	\$2,500-10,000 relief grants			
Other Resources				
echSoup	Managing the Impact of COVID 19 on Nonprofits			
ειπουμ	Restaurant Strong Fund – The Greg Hill Foundation has teamed up with Samuel Adams* to support those from the			
ireg Hill Foundation	Restaurant Strong Fund – The Greg Hill Foundation has teamed up with Samuel Adams' to support mose from the Massachusetts restaurant industry who have been impacted by the Covid-19 closures. Our goal is to provide \$1,000 grants to as many qualifying grantees as possible.			
Brighton Main Streets				
Verizon Small Business Recovery Fund	LISC will use the Verizon funding to provide grants of up to \$10,000 to businesses facing immediate financial pressure because of COVID-19—especially entrepreneurs of color, women-owned businesses and other enterprises in historically underserved communities who don't have access to flexible, affordable capital.			
United Way of Berkshire	Co-led by the Berkshire Taconic Community Foundation and the Berkshire United Way, COVID-19 Emergency Response Fund for Berkshire County has launched to provide flexible resources to 501c3 organizations in our region working with communities who are disproportionately impacted by the coronavirus and the economic consequences of this outbreak. Grants will help fund frontline human services organizations that have deep roots in the community and strong experience working with vulnerable populations.			

Food Security				
RESOURCE	STATUS	PHONE	EMAIL	NOTES
eterans Collaborative	Food Security Resource Page			
eterans Collaborative	RISEUP.vet – Food Distribution Events (Shared Calendar)			
Project Bread	In addition to efforts supporting the school meal service in conjunction with the Department of Education, Project Bread's FoodSource Hotline is actively assisting people who need help getting food and plans have been implemented to ensure continuity of operations despite the closure of the Department of Transitional Assistance and any periods of quarantine.	Food Source Hotline: 800-645-8333		
Project Bread	Free Grab & Go meals for youth under age 18 (summers only)			
Food for Free	Massachusetts Food Assistance Programs			
Magnolia Meals at Home	A free meal delivery program that provides nutritious meals to people living with cancer and their families – <b>Eligible patients must live within a predefined area of approximately 25 miles of Andover, MA</b> . If you think someone meets the program criteria, please ensure they are within the region by reviewing the towns and zip codes listed on the flyer (linked on the left). If a patient lives in a zip code not listed and lives within a 25 mile radius of the area or you have any questions please contact Jane Brown at Cancer Support Community.	617-733-5848	jane@cancersupportcom munity.org	
<u>Greater Boston Food</u> Bank	Food Pantry Lookup by Zip Code			
Massachusetts Military Support Foundation	Veterans are able to pick up food boxes through Empowerment Centers. MMSFI also hosts a Lunch4Vets.			
Rose's Bounty	Veterans Welcome Home Boxes on Fridays when veterans come onto their food service. Volunteer and donation opportunities available.		rosesbounty@gmail.com	
City of Boston Food Justice Programs & Initiatives	We want everyone to have access to nutritious food. That food should be affordable, easy to find, and reflect the many cultures of our City. Our goal is to create food-secure communities with vibrant and inclusive food cultures. We want to reflect the diversity of the residents of Boston.	617-635-3717	food@boston.gov	
Bristol Elder Services	Home Delivered Meals will continue. For those who have signed up for site meals, a bag lunch will be provided at this time. BES is currently examining options to traditional meals service and are determining those meals participants who are at-risk.	508-675-2101		
FriendshipWorks	FriendshipWorks is a nonprofit that has been working in Boston and Brookline for over 35 years, and has since expanded to Newton, to help with elders' quality of life and help reduce their social isolation. <i>Friendly Helping Program</i> to help with groceries and other basic necessities kicks in when all other options have been exhausted so that no elder falls through the cracks.	617-482-1510		
<u>MonAmi</u>	Mon Ami supports seniors who are isolated by COVID-19. We offer friendly Phone Bank calls, <b>grocery runs</b> , tech help over the phone, and virtual concerts. Mon Ami will help you find a compassionate companion to say hello, how can I help, and I'm here for you. During times of crisis, our companions can lend an attentive ear and be a friend by phone or video. Find out how you can get support, or give support.	(650) 267-2474		
<u>Meals on Wheels</u>	Food program for seniors age 60+	(800) 243-4636		
Department of Fransitional Assistance DTA)	Call for information on <u>SNAP</u> and to request an application	800-249-2007		
<u> Women, Infants &amp;</u> Children <u>(WIC)</u>	Information on nutrition and health services for women, infants, and children. Encouraging people to use phone or schedule online appointments.	800-942-1007		
Cambridge Community Food Line	Cambridge and Food for Free have set up a food item delivery service for Cambridge residents who are at high risk of food insecurity	617-349-9155		
<u>Ethos Community Cafe</u>	Grab and Go Meals can be picked up at Community Cafe sites in the Boston area listed on the website. Most community cafes are open from 10am-1pm but meals are generally available for pick up from 11:30am - 12:30pm. Adults age 60 or older may qualify to receive home delivered meals.	617-477-6606		

Food Security				
RESOURCE	STATUS	PHONE	EMAIL	NOTES
Expensify	Expensify.org will reimburse you up to \$50 for essential goods and groceries purchased on your SNAP card and offers \$50 for getting COVID-19 vaccine (for SNAP/WIC beneficiaries).			
USDA National Hunger Hotline		866-348-6479		
ABCD Allston Brighton NOC Food Pantry	Will be open to any residents in need (M-F, 10am-4pm) without asking for income verification. Any residents are welcome to come into our office and pick up a bag of food ast 640 Washington St in Brighton.			
Allston Brighton Food Pantry / Congregational Church	Sharing meals for take out Wednesday evening. Come to the side door at 404 Washington St in Brighton between 4:30-6pm and we will provide you with a hot meal as long as the food supply lasts if you are in need.			
Allston Brighton APAC	Please provide information on income eligibility and address. Location is 406 Cambridge St in Allston (M-F, 10am-2pm)	617-783-1485		
City of Somerville	Food Assistance Resource Page			
Veronica B. Smith Multi- Service Senior Center Weekday Lunch Program	Grab-and-Go lunches consist of both hot and cold meals (M-Th at 12pm). \$2 suggested donation.	617-635- 6120		
Arlington Street Church Friday Night Supper Program	Friday evening (6pm) take-out community meal.			
Arlington Eats	Arlington residents			
Boston Rescue Mission/Kingston House	Sunday evening (5-6:30pm) community meal.			
Cardinal Medieros Day Shelter	Meals on the go, M-F (breakfast and lunch)			
Ecclesia Ministries/Common Cathedral	Breakfast and Lunch to Go (MWF)			
Haley House	Meal for Men (M-F, 7-9 am), Meal for Elderly (T/Th 1-3pm, Sunday 11am-2pm) - cold breakfast, take out boxed lunches			
Paulist Center	Wednesday night dinner (6pm), take out meal, hot tea and coffee			
Rosie's Place	Food pantry for women who need groceries; lunch and dinner to go or dine in (one person to a table); asking housed guests to stay home			
St Francis House	Daily breakfast and lunch			
St Paul's Cathedral	Monday lunch (11:30am)			
Women's Lunch Place	Daily meals to go (boxed lunches)			
St. Vincent DePaul Food Pantry (Taunton)	SDVP doesn't want anyone coming to the pantry without an appointment. Individuals with flu-like symptoms or who have health issues like diabetes, COPD, cardic issues, or a compromised immune system should call to schedule appointments for grocery pick-up. Call to schedule M-F between 9am-5pm.	508-823-6676		
<u>Mill City Grows (Lowell Residents)</u>	Do you live in or around Lowell, want amazing produce AND to support an awesome non-profit like Mill City Grows, a partner of The Mission Continues Lowell Service Platoon? Their farm is still up and running and they have started an online food ordering program. Use this link to get your farm fresh produce.			
Our Daily Bread Soup Kitchen (Taunton)	The ODB Director and volunteers are making bag lunches, hot soup, and coffee to go available M-F between 11am-12pm. A bag with some toilet paper, hand sanitizer, and snacks has been provided by Mark Cook and the Matthew Mission. Once weekly, a box of dry goods and frozen meats or fish is being provided to those with cooking facilities (as available). Those individuals are asked to return only once weekly for a box. No one is allowed to enter the building; a tent has been put up outside to distribute food items.			

Food Security	·			
RESOURCE	STATUS	PHONE	EMAIL	NOTES
Taunton Area Community Table (TACT)	Providing hot meals to go with a sandwich and snacks M-Th (11:15am-12:30pm) and Saturday (9-11am) at 378 Bay Street in Taunton.			
Taunton Boys and Girls Club	Providing grab and go meals at their clubs from 4:30-5:30pm for all children ages 18 and under regardless of membership status (one meal per child). Child must be present to receive a meal. Pickup is on the side of the building at the top of the ramp at 31 Court St in Taunton.	508-824-4341		
Waltham Mutual Aid				
Veterans Voice Network	Food box distribution, usually once a month. Drive through.			
The Veteran's Kitchen	Located in Fal River. Providing all Veterans a free, healthy lunch on Wednesdays. Doors normally open at 10 a.m. and lunch is served at 11 a.m. You can dine in or take it to go.			find on facebook
Boston Area Gleaners	Boston Area Gleaners is committed to supporting an equitable, just, and sustainable local food system. We fulfill our mission by building innovative partnerships with local organizations and businesses in order to bridge food distribution gaps, improve healthy food access, prevent on-farm food waste, and create new markets for locally grown produce. Our vision is to sustain a permanent agricultural supply chain that will improve the viability of local farms and the health of communities who have historically suffered from inequity in the food system.	781-894-3212	admin@bostonareaglean ers.org	
Daily Table	Community grocery stores with a mission to provide nutritious, delicious food for 30% less than other supermarkets. Offering free delivery in a two-mile radius of Central Square, Dorchester, and Roxbury stores.			
End Hunger NE	Would your pantry (or one that you know of) like to receive meals? Would you like to help us deliver them to pantries that can't pick them up? Please e-mail matthew@outreachprogram.org			
<u>Boston Solidarity</u> Supply Distro	Weekly grocery distribution for pick-up every Monday night at 5:30pm at 545 Columbus Ave in Boston – they also deliver in cases as needed. They served 150 people in the last week alone and are in need of donations, especially produce, canned food and nonperishables, pasta/rice, protein and granola bars, toiletries, and sanitary products. If you can donate items, reach out by email. You can also donate funds at the link which go to direct operating costs of purchasing supplies and occasionally covering gas for drivers making deliveries to people and families outside of the city.		Bostonsolidaritysupplydist ro@protonmail.com	Closed operations
Boston Food Drive	City Councilor Annissa Essaibi-George is organizing a food drive for non-perishable food and canned goods. When you are at the grocery store shopping for your family, please consider adding a few canned goods or non-perishable items to your cart (especially cases of water and tuna or soup). If you can pick up ONE case of water or a FEW cans that would be helpful. Please contact her for more details and where to drop off.		annissa@annissaforbosto n.com	

Income Suppo	rt		
RESOURCE	STATUS	PHONE	NOTES
Veterans Collaborative	Financial Security Resource Network		
Veterans Collaborative	Advocacy Resource Network (Benefits)		
LOCAL, STATE, AND FEDE	RAL GOVERNMENT PROGRAMS		
Massachusetts Welcome Home Bonus	Massachusetts awards wartime bonuses to servicemembers that lived in Massachusetts before entering the military and served during a wartime period (Global War on Terrorism (9/11/2001 - present), Persian Gulf (1990 - 1991), Vietnam Conflict, Korean War, and Word War II). Gold Star Family members are eligible for the bonus if the veteran did not receive their bonus.	617-367-9333 ext 859	veteransbonus@tre.state.ma.us
<u>Massachusetts</u> <u>Department of Veterans</u> <u>Services</u>	<b>MassVets Financial Benefits</b> – Under MGL Chapter 115, the Commonwealth provides a needs-based means tested program of financial and medical assistance for indigent veterans and their dependents. Qualifying veterans and their dependents receive necessary financial assistance for food, shelter, clothing, fuel, and medical care in accordance with a formula which takes into account the number of dependents and income from all sources. Eligible dependents of deceased veterans are provided with the same benefits as if the veteran were still living. For more information and to apply, <u>contact your</u> <u>local veterans' agent</u> .	617-210-5480	UPDATE – March 29, 2021 – Secretary Poppe announced that federal economic stimulus payments will NOT be counted as income or assets when calculating Chapter 115 eligibility. The overall allowable assets has also been increased. Please <u>read the full directive here</u> for more information.
	The <u>MassVet Benefits Calculator</u> created by Harvard Law School's Legal Services Center helps Massachusetts residents who have served in the military quickly and easily determine if they may be eligible for financial assistance through a state program known as Chapter 115 benefits. By completing this calculator, low-income veterans, along with their dependents and survivors, can find out if they qualify for monthly cash assistance and get information on these benefits earned through their service.		
Veterans Benefits Administration	Service Connected Disability Compensation – VA disability compensation (pay) offers a monthly tax-free payment to Veterans who got sick or injured while serving in the military and to Veterans whose service made an existing condition worse. Veterans may qualify for VA disability benefits for physical conditions (like a chronic illness or injury) and mental health conditions (like PTSD) that developed before, during, or after service.	800-827-1000	
	<u>Veterans Pension</u> – monthly payments to wartime Veterans who meet certain age or disability requirements, and who have income and net worth within certain limits.	877-294-6380	Aid & Attendance or Housebound – If you need help with daily activities, or you're housebound, and qualify for VA pensions, you may qualify for monthly payments added to the monthly amount.
	<u>Survivor's Pension</u> – monthly payments for qualified surviving spouses and unmarried dependent children of wartime Veterans who meet certain annual income and net worth limits. If you haven't remarried after the Veteran's death, and if the deceased Veteran didn't receive a dishonorable discharge and their service meets wartime service criteria outlined on the website, you may be eligible for this benefit.	877-294-6380	Aid & Attendance or Housebound – If you need help with daily activities, or you're housebound, and qualify for VA pensions, you may qualify for monthly payments added to the monthly amount.

Income Suppor	t		
RESOURCE	STATUS	PHONE	NOTES
Social Security Administration	FAQs and latest information from Social Security		AARP is helping SSA and its Office of the Inspector General warn you about scammers using Social Security in coronavirus (COVID-19) scams. <u>AARP has a new webinar</u> available for free (registration required), advising the public that scammers' tactics continue to evolve, and they are now using coronavirus to try to scare us.
<u>Massachusetts</u> <u>Department of</u> <u>Unemployment Assistance</u>	You may be eligible for unemployment benefits if you are quarantined or if you left work due to risk of exposure or to care for a family member. You don't have to provide medical documentation, but you must: (1) remain in contact with your employer, and; (2) be available for work your employer may have that you're able to do. Massachusetts has waived the one week waiting period for benefits.		The Massachusetts Department of Unemployment Assistance will be conducting a <u>series of daily virtual town</u> <u>halls</u> (available online and over the phone) to provide support to residents navigating the application process.
Pandemic Unemployment Assistance	The expanded Unemployment benefits are called Pandemic Unemployment Assistance (PUA), is available to anyone who does not traditionally qualify for regular unemployment benefits but are unable to work due to COVID-19. PUA be applied for here:		
Massachusetts Attorney General	The Massachusetts Attorney General is accepting online complaints related to minimum wage, overtime payment, sick time, meal breaks, and worker protections. You can file a complaint with the Fair Labor Division or call the hotline.	617-727-3465	
Internal Revenue Service	The IRS has <u>launched a portal</u> so that people who are not required to file a tax return (for instance, veterans whose sole source of income is non-taxable, like VA disability benefits) can enter direct deposit information so they don't have to wait for a paper stimulus check. You can also check on the status of your payment.		
FINANCIAL COUNSELING A			
Iraq & Afghanistan Veterans of America	Rapid Response and Referral Program – Call or visit us online for immediate support. If you need someone to talk to, anytime, day or night IAVA's Quick Reaction Force is standing by. QRF can help by providing connections to quality resources, including Financial Assistance, Disability Claims, Employment, and Navigating & Accessing VA Benefits	855-91RAPID	
American Consumer Credit Counseling	Personal financial, housing, and student loan counseling, education, debt management programs, bankruptcy certificates. Direct POC: Sue Katz, 857-636-1825	800-769-3571	skatz@consumercredit.com
Military OneSource	Support for Financial Stresses – The coronavirus outbreak may affect many aspects of your military life, including financial readiness. If you and your family are experiencing challenges, the Department of Defense offers a number of services to help you take control and minimize financial distress.		
Zeiders Enterprises	Personal Finance Counseling (Money Management, Planning etc)	774-478-0130	pfc.ma.ng@zeiders.com
Credit Karma	Replace income and find helpful benefits: Using information from your credit reports and things you've told us, we'll help you find potential income sources and benefits.		

Income Suppor	t		
RESOURCE	STATUS	PHONE	NOTES
<b>GRANTS &amp; RELIEF FUNDS</b>			
VFW Unmet Needs	The program provides financial aid grants of up to \$1,500 to assist with basic life needs in the form of a grant - not a loan - so no repayment is required. To further ease the burden, we pay the creditor directly.		
The Armed Forces Foundation	The Armed Forces Foundation provides financial support, career counseling, housing assistance and recreational therapy programs to active-duty and retired personnel, National Guard, Reserve components, and their loved ones.	(website is currently down)	
<u>Massachusetts Military</u> <u>Heroes Fund</u>	Provides grants for basic needs to income qualified Massachusetts families whose loved one died on, or as a result of, post 9/11/01 active duty military service. Eligibility guidelines and an application are online.		
<u>Massachusetts Military</u> Family Relief Fund	COVID-19 Massachusetts Military Family Relief Fund. Fund will give immediate financial support to Massachusetts military families and Families of Fallen Service Members. The Fund will initially provide \$200 grants for essential financial help so families can quickly purchase groceries, health supplies and other necessities in their own communities. It will also provide funds to secure personal protective equipment (PPE) for Service Members and military family members who are first responders or healthcare workers.	1-84-HELP- VETS	meghan@militaryfriends.org
Operation First Response Military Family Assistance Program	Services are provided to disabled veterans and their families from the onset of an injury or illness, throughout their recovery period and along their journey from military life to the civilian world. Financial aid varies as each case is based on individual needs including rent, utilities, vehicle payments, groceries, clothing, etc.		
PENFED Foundation	Military Heroes Fund COVID-19 Emergency Financial Relief Program – relief for veterans and currently serving Reserves and National Guard experiencing a financial setback due to the COVID-19 pandemic. Grant amount will support 1 month of payment up to \$1500 in the following areas: rent, mortgage, auto loan/lease, and utilities (electric, water, heat).		The financial needs of applicants has exceeded the funding capacity of the Foundation. We are suspending the application process for the time being. We will update the website as we get more information or additional resources.
	Military Heroes Fund Emergency Financial Assistance – The Military Heroes Fund emergency financial assistance program offers financial assistance for wounded, ill, and injured post 9-11 combat veterans who are experiencing an unexpected short term (1- 3 months) financial setback. The grant amount cannot exceed the equivalent of three months of delinquent payment. The Foundation can only support one emergency financial request per household.		

Income Suppo	ort		
RESOURCE	STATUS	PHONE	NOTES
	Dream Makers provides matching grants for down payment and closing cost assistance. Please carefully read the eligibility requirements below for both the applicant and the mortgage. The amount of the grant is determined by a 2-to-1 match of the borrower's contribution to their mortgage in earnest deposit and cash brought at closing with a maximum grant of \$5,000. The borrower must contribute a minimum of \$500. Grant approvals are contingent upon available funding. You don't have to be a Pentagon Federal Credit Union member to benefit from Dream Makers, and you can apply the grant to a mortgage from any financial institution (please read mortgage requirements below). All approved applications are valid for 90 days after being submitted. Application conditional approvals may take up to 5 business days. Any applicant that has not closed on their home within the 90 day period must reapply. Grants will not be awarded after closing.		
	Child Care Assistance. We provide child care assistance to caregivers who are experiencing financial strain in their lives as they cope with circumstances surrounding the challenges involved in caring for a disabled veteran. The Foundation will consider assistance with childcare for up to 12 months with a \$12,000 cap. Initial assistance is given for no more than 6 months and can be extended for another 6 months upon review. Short-term Training or Education Expense. We provide one-time assistance to eligible caregivers who are seeking to enroll in a short-term training course to obtain a needed certification, recertification due to a move or lapse in certification, or enrolling in a continuing credit program for needed licensure or professional certification. The Foundation will consider assistance for up to 12 months with a \$12,000 cap.		
	Interest-Free Loans, known as <u>Asset Recovery Kit Loans</u> , provide a no- interest alternative to predatory lending for active duty, reserve, and National Guard military. Through Interest-Free Loans, one can borrow up to \$500 with a flat fee of \$5 and no interest for one month.		
<u>Disabled American</u> <u>Veterans (DAV)</u>	Short-term Training or Education Expense		
	We provide one-time assistance to eligible caregivers who are seeking to enroll in a short-term training course to obtain a needed certification, recertification due to a move or lapse in certification, or enrolling in a continuing credit program for needed licensure or professional certification. The Foundation will consider assistance for up to 12 months with a \$12,000 cap.		
<u>United Way of Central</u> <u>Massachusetts</u>	UWCM initiated the We Care Fund! to respond to the COVID-19 crisis by helping those hardest hit by COVID-19 in our community. Your support will deliver positive, lasting impact where and when it matters most in our community helping connect families and individuals with the resources and services they need to improve their lives.		

Income Suppor	t		
RESOURCE	STATUS	PHONE	NOTES
<u>United Way of North</u> <u>Central Massachusetts</u>	UWNCM has established the Stand United Fund to help alleviate the drastic disruptions to family life in our area. Together with our network of nonprofit organizations in the region and the Community Foundation of North Central Massachusetts, we will assist individuals and families as they deal with this health crisis. The Fund will support those hardest hit by COVID-19 as they deal with basic food, childcare and housing needs.		
<u>Union Capital Boston</u> <u>COVID-19 Fund</u>	100% of funds raised will be redistributed to any Bostonian in need.		
Cambridge Disaster Relief Fund for COVID-19	Mayor Sumbul Siddiqui and City Manager Louis A. DePasquale have activated the Mayor's Disaster Relief Fund to provide emergency assistance in partnership with non-profit organizations to individuals and families in Cambridge experiencing extreme financial hardship caused by the current COVID-19 crisis. Secure donations can be made online or by mail.		
<u>Cambridge Community</u> Foundation	Cambridge has been working in close partnership with the Cambridge Community Foundation, which will be launching two additional funds, one to assist individuals and families, and the other to assist artists and others in the arts community who have been significantly impacted.		
<u>United Way COVID-19</u> Community Response & Recovery Fund	This fund was started to help families and people in need access information and critical services like food, shelter, and more.		
<u>United Way of Greater Fall</u> <u>River (UWGFR)</u>	UWGFR is joining philanthropic and business partners with community agencies to offer an organized response to the COVID-19 pandemic. Those wishing to support ongoing efforts in the Greater Fall River area are encouraged to donate to the UWGFR COVID-19 Relief Fund to streamline fundraising efforts through a trusted and local community partner.		
<u>Modest Needs</u>	Modest Needs is a tax-exempt charity where you can make small, emergency grants to low-income workers who're at risk of slipping into poverty and for whom no other source of immediate help is available. Donate to help hourly workers who won't be paid during the COVID-19 crisis. All donations will be matched up to \$50,000.		
Greg Hill Foundation	Restaurant Strong Fund – The Greg Hill Foundation has teamed up with Samuel Adams* to support those from the Massachusetts restaurant industry who have been impacted by the Covid-19 closures. Our goal is to provide \$1,000 grants to as many qualifying grantees as possible. Sam Adams is kickstarting the Restaurant Strong Fund with a donation of \$100,000 and a commitment to match donations through 3/31 up to an additional \$100,000.		
Coalition to Support America's Heroes	Emergency Financial Aid and support services for disabled OIF, OEF, and OND veterans to cover expenses such as utility bills, car payments and repair, mortgage and rent, groceries, baby formula, household supplies, school supplies and clothing, and medical bills.		
Salute Inc Financial Assistance	SALUTE, INC. helps affected disabled veterans and their families by providing financial aid for rent/mortgage payments, auto expenses, phone, utility bills, and other everyday living expenses.		

Income Suppor	t		
RESOURCE	STATUS	PHONE	NOTES
Semper Fi Fund	Semper Fi Fund is dedicated to providing immediate financial assistance and lifetime support to combat wounded, critically ill and catastrophically injured members of all branches of the U.S. Armed Forces and their families, ensuring that they have the resources they need during their recovery and transition back to their communities.		
USA Cares	The Emergency Assistance program focuses on cases where the financial stress is related to military service for Post-9/11 veterans. This program pays immediate, essential bills, including food and utility bills.		
Operation Home Front	Critical Financial Assistance program helps military families with mortgage payments, rent, utilities, car repairs, home repairs, overdue bills, critical baby items, and groceries. Program is for active duty, deployed, veterans, and wounded, ill or injured service members meeting specific eligibility criteria (http://cms.operationhomefront.org/media/690315/cfa-eligibility-criteria.pdf).		
Military OneSource	Emergency Financial Assistance – Service members and families who have been affected financially as a result of travel restrictions, closures and other events from the coronavirus can check with their service relief organization to see if emergency help is available.		
The Boston Foundation COVID-19 Response Fund	The Boston Foundation announces establishment of COVID-19 Response Fund in partnership with Mayor Walsh and the City of Boston. Fund will support nonprofits working with most gravely affected communities in Greater Boston.		
Union Capital Boston COVID-19 Fund	Sign-up for UCB Visa Gift Card Support		
Unexpected Hardship Fund for TUFTS Students	Undergraduate students from Arts & Sciences, SMFA, and Engineering may submit a request for aid and receive immediate help – students should Students email to request financial support from this fund.		FIRST@tufts.edu
Boston Resiliency Fund	Mayor Walsh announced the formation and launch of the Boston Resiliency Fund to coordinate fundraising and philanthropic efforts to provide essential services to Boston residents whose health and well-being are most immediately impacted and to assist first responders and critical care providers.		
Boston Artist Relief Fund	The Boston Artist Relief Fund will award grants of \$500 and \$1000 to individual artists who live in Boston whose creative practices and incomes are being adversely impacted by COVID-19. With events of all types being cancelled to reduce spread of COVID-19, people who make income partially or fully through gigs and freelance work are losing critical opportunities to support their well-being in our city. This also includes support for artists working full or part-time in the service industry who have lost supplemental income used to support their creative practices.		
Western Mass Low-income Artist/Freelancer Relief Fund	Our goal is to make disbursements several times a week depending on funds received and get them to people in a timely manner. If you applied and haven't heard back from us in a few days, please hang tight. We will work to get funds dispersed as quickly as possible		

Income Suppor	t		
RESOURCE	STATUS	PHONE	NOTES
Boston Music Maker Relief Fund	Small grants of up to \$200 will be paid rapidly on a first come, first served basis to affected artists and groups who live in the Greater Boston area and have experienced lost income from a performance cancellation related to COVID-19.		
Help the Boston Service Industry	Every time you have a drink during social distancing or prepare your own meal at home, consider tipping a local service industry worker through Venmo or Cash App. Your family, friends and neighbors in the service industry (which includes veterans, Reservists, and National Guard) are severely impacted by social distancing and quarantine. Fewer patrons and closing restaurants is tough on everyone, from the customers to the staff, and every little bit helps.		
<u>One Fair Wage</u>	The Emergency Coronavirus Tipped and Service Worker Support Fund is providing cash assistance to restaurant workers, car service drivers, delivery workers, personal service workers and more who need the money they aren't getting to survive.		
<u>Boston Singer's Relief</u> Fund	Grants for professional New England singers earning at least 15% of their income through singing who are residents of ME, NH, VT, CT, MA or RI, or who earn a significant amount of their income from organizations within New England (Boston Singers' Resource membership not required to be eligible). Amount varies based on need and availability of funds.		
Cambridge Community Foundation Artist Relief Fund	The Cambridge Artist Relief Fund will accept applications on a rolling basis to provide grants to organizations and individuals facing a financial burden. Focused on lost income, current and into the foreseeable future, the Fund will provide one-time relief to arts organizations and artists who live, work, create, and/or perform in Cambridge. Grant sizes will range up to \$1,000 and be provided on a first-come, first-served basis.		
<u>Help the Boston Service</u> Industry	Local service industry workers can sign up to randomly receive tips – every time people have a drink or meal at home during social distancing, they can consider tipping a local service industry worker through Venmo or Cash App randomly selected when they visit the site. ServiceIndustry.tips now provides coverage in the following areas in Massachusetts: Boston, Cape Cod, North Shore, and Western Mass.		
Restaurant Workers Community Foundation	Resources for Restaurants and Workers Coping with the COVID-19 Emergency		
USBG National Charity Foundation – Bartender Emergency Assistance	For bartenders or their spouses or children experiencing a catastrophic event or emergency hardship who are lacking the necessities of life, including financial, physical, mental, or emotional well being as a result. Grants will be made in the form of lump sum distributions to the recipient, or as determined by the USBG National Charity Foundation's Board of Directors based on the needs of the particular recipient.		
Western Mass Low-income Artist/Freelancer Relief Fund	Our goal is to make disbursements several times a week depending on funds received and get them to people in a timely manner. If you applied and haven't heard back from us in a few days, please hang tight. We will work to get funds dispersed as quickly as possible		

Income Suppor	t		
RESOURCE	STATUS	PHONE	NOTES
Freelance Artist Resource List	Aggregated list of FREE resources, opportunities, and financial relief options available to artists of all disciplines, specifically designed to serve freelance artists, and those interested in supporting the independent artist community, including but not limited to, actors, designers, producers, technicians, stage managers, musicians, composers, choreographers, visual artists, filmmakers, craft artists, teaching artists, dancers, writers, playwrights, photographers, etc.		
One Fair Wage	The Emergency Coronavirus Tipped and Service Worker Support Fund is providing cash assistance to restaurant workers, car service drivers, delivery workers, personal service workers and more who need the money they aren't getting to survive.		
Modest Needs	Modest Needs is a tax-exempt charity where you can make small, emergency grants to low-income workers who're at risk of slipping into poverty and for whom no other source of immediate help is available.		
Unexpected Hardship Fund for TUFTS Students	Undergraduate students from Arts & Sciences, SMFA, and Engineering may submit a request for aid and receive immediate help – students should Students email to request financial support from this fund.		FIRST@tufts.edu
UTILITIES & INTERNET ACC	<b>~</b> Eee		
Comcast			
xfinity	Free 60-day package for low-income customers Free WiFi Hotspots		
Salvation Army Emergency Assistance (Taunton Area)	Emergency assistance for utility, fuel, and food vouchers for families and individuals under age 60. Please call the Salvation Army to apply.	339-502-5900	
Citizens for Citizens (Fuel & Emergency Utility Assistance)	CFC will no longer be seeing clients in person/in office. They will assist with fuel applications over the telephone. CFC has a drop box set up at the door for dropping off documents. Clients can call CFC for assistance.	508-823-6346	
Taunton Department of Human Services	Taunton Emergency Task Force / Emergency Fuel and Utility Assistance	508-821-1420	
TMLP	Moratorium has been extended until April 1; people are allowed to come into the office to pay bills and other services.		
Columbia Gas	As of now they are not shutting off anyone's utilities and will work with customers on any financial difficulties.		
Low Income Home Energy Assistance Program (LIHEAP)	The Low Income Home Energy Assistance Program (LIHEAP) helps keep families safe and healthy through initiatives that assist families with energy costs.	(800) 632-8175	
CHILDCARE			

Income Support			
RESOURCE	STATUS	PHONE	NOTES
<u>Massachusetts</u>	Gov. Baker signed an exectuive order closing all childcare programs from March 22 to April 6. This closure applies to all center-based child care and family child care programs. It does not apply to residential schools, community group homes, temporary shelters, transition-to-independent living facilities, teen parent programs, and DYS secure facilities. Exempt Emergency Child Care Programs will be the only child care programs that are allowed to operate during this time. This prioritizes public health and safety while maintaining critical service.		
	Exempt Emergency Childcare Programs – Do not contact an emergency child care program unless you require emergency, back-up, drop-in care. Priority must be given to people including but are not limited to health care workers, essential state and human service workers, COVID-19 health workers, grocery store employees, emergency response personnel, law enforcement, transportation and infrastructure workers, sanitation workers, DCF-involved families, and families living in shelters.		
	Childcare providers interested in signing up to provide emergency childcare assistance can <u>fill out this form</u> to be considered.		

WELLNESS			
RESOURCE	INFORMATION	CONTACT	NOTES
/eterans Collaborative	Wellness Resource Network		
/eterans Collaborative	Arts & Culture Resource Network		
/eterans Collaborative	Women Veterans Resource Page		
eterans Collaborative	Survivors Resource Network		
eterans Collaborative	Families & Caregivers Resource Network		
/eterans Collaborative	RISEUP.vet – Retreats (Shared Calendar)		
VA Whole Health	Whole Health is VA's approach to care that supports your health and well- being. Whole Health centers around what matters to you, not what is the matter with you. This means your health team will get to know you as a person, before working with you to develop a personalized health plan based on your values, needs, and goals. (Basics)		
<u>Online STEP-Home Workshops</u> @ VA Boston	Virtual workshops for post-9/11 Veterans to offer support during COVID-19. If you could use some added connection to other Veterans with a focus on managing stress and anxiety during this unprecedented time please call or text us. Our group workshops meet virtually online each week for 1.5 hours.	857-364-6637 (calls only) or 617-390- 6516 (call or text)	
<u>Home Base Program</u> - Operation Health@Home	We're pulling together the minds behind Home Base to bring you coaching strategies in fitness, nutrition, mindfulness, and mental health. It's curated content for performing your best – while feeling your best.	If you need support around processing your emotions or would like speak to to someone at Home Base, call (617) 724-5202 or visit homebase. org/connect2care.	
<u>Home Base Program</u> - Connect2Care			
<u>Military OneSource</u>	If your family is feeling the strain, Military OneSource can help. Our Building Healthy Relationships specialty consultations offer coaching sessions, practical tools, resources and problem-solving techniques. Call or start a live chat to schedule an appointment with a Building Healthy Relationships consultant: https://livechat.militaryonesourceconnect.org/chat.	800-342-9647	
<u>Military OneSource</u>	Children and youth ages 6-17 of active-duty, National Guard or reserve service members, and recently retired or separated service members are eligible for up to 12 sessions of confidential video non-medical counseling through Military OneSource. A parent must attend each video session for children age 12 and younger, but only be available at the start of each video session for youth ages 13 to 17 to give parental consent.	800-342-9647	
Frost Call	We're a veteran gaming nonprofit. We are livestreaming games and facilitating virtual meetups in our discord server (slack for games)		
VA Connection Plans	The VA Connection Plans intervention is an adaptation of the highly effective Suicide Safety Plans intervention and was created to assist older adults experiencing social isolation during COVID-19. It is designed to help older adults create a "Connection Plan" to cope with distress related to social isolation.		

WELLNESS			
RESOURCE	INFORMATION	CONTACT	NOTES
Volunteer Prog	rams		
The Mission Continues	We are putting together opportunities for our veterans across the country to connect with one another virtually, share resources, and create opportunities to continue to serve the community.	https://www.facebook. com/groups/themissioncontinuesbosto n/	
FriendshipWorks	FriendshipWorks is a nonprofit that has been working in Boston and Brookline for over 35 years, and has since expanded to Newton, to help with elders' quality of life and help reduce their social isolation. <b>Friendly</b> <b>Visiting Program</b> shifted from in-person visiting to virtual visiting via telephone, skype, facetime, email or zoom. We are still actively taking referrals and making meaningful telefriend matches with volunteer and elders for weekly phone/video calls.	617-482-1510	
MonAmi	Mon Ami supports seniors who are isolated by COVID-19. We offer friendly Phone Bank calls, grocery runs, tech help over the phone, and virtual concerts. Mon Ami will help you find a compassionate companion to say hello, how can I help, and I'm here for you. During times of crisis, our companions can lend an attentive ear and be a friend by phone or video. Find out how you can get support, or give support.	(650) 267-2474	

## HEALTHCARE RESOURCES NFORMATION CONTACT NOTES RESOURCE INFORMATION CONTACT NOTES Veterans Collaborative Healthcare Resource Network Image: Contact of the section of the section

All health insurance carriers are required to provide medically necessary telehealth, testing, counseling, treatment, and vaccination (once it's developed and available) services without charging copays and coinsurance or applying a deductible. In response to COVID-19, insurance is paying for telehealth / online counseling.

VA New England Healthcare System (VISN 1)	Massachusetts (Boston, Bedford, Central Western Mass), New Hampshire (Manchester), Rhode Island (Providence), Connecticut (Newington, Westhaven), Maine (Augusta), and Vermont (White River Junction)	781-687-4821	
VA Boston Healthcare System	Main Facilities – Brockton, Jamaica Plain and West Roxbury; Community Based Outpatient Clinics – Causeway Street, Framingham, Lowell, Plymouth, and Quincy		
VA Central Western MA	Main Facility – Northampton; Community Based Outpatient Clinics – Fitchburg, Greenfield, Pittsfield, Springfield, and Worcester		
VA Bedford Healthcare System	Main Facility – Bedford; Community Based Outpatient Clinics – Gloucester, Haverhill, and Lynn		
VA Providence Healthcare System	Main Facility – Providence; Community Based Outpatient Clinics – Middletown (Rhode Island), New Bedford, Hyannis		
<u>MassHealth</u>	Massachusetts Health Connector: uninsured residents can apply and get into coverage until April 25. MassHealth will cover coronavirus testing and treatment, telemedecine (with expanded telehealth and telephonic services), early refills, and 90-day supplies of medication. Mass Health has expanded eligibility for uninsured residents who turn up at hospitals with an illness; if you meet the income standard, need testing, and don't have insurance, you will automatically be enrolled in MassHealth.	Residents can call 1-877-623- 6765 to gain access to the enrollment period	
	If you are undocumented and need healthcare, you may be eligible for MassHealth Limited, which provides care for medical emergencies, including visits to an emergency room. Public charge does not apply to MassHealth Limited.	Call 1-800-841-2900 for English and Spanish service.	

HEALTHCARE RESO	DURCES		
RESOURCE	INFORMATION	CONTACT	NOTES
	Massachusetts residents losing their jobs and job-based health coverage can swiftly and easily make their way into health coverage through the Health Connector. Please direct Massachusetts residents to www. mahealthconnector.org to apply for coverage. The ConnectorCare program connects qualifying Massachusetts residents with affordable health coverage with low or \$0 premiums and low co-pays and no deductibles. Please spread the word about the special enrollment period that runs through May 25.		
TRICARE			
Women, Infants, and Children (WIC)	Please spread the word about the special enrollment period that runs through May 25 so we can ensure that everyone who has lost or may be about to lose job-based coverage can get the help they need.		
Medicare	Information about lab tests, medical hospitalizations and a Medicare Advantage plan		
Health Promotion			
FriendshipWorks	FriendshipWorks is a nonprofit that has been working in Boston and Brookline for over 35 years, and has since expanded to Newton, to help with elders' quality of life and help reduce their social isolation. We are still available to elders for any absolutely essential <i>Medical Escorts</i> . We will confirm with the doctor's office and the elder to ensure that the appointment is necessary given the risk of exposure.	617-482-1510	
<u> Home Base Program – Operation</u> Health@Home	We're pulling together the minds behind Home Base to bring you coaching strategies in fitness, nutrition, mindfulness, and mental health. It's curated content for performing your best – while feeling your best.		
IAVA – Rapid Response & Referral Program	Call or visit IAVA online for immediate support. If you need someone to talk to, anytime, day or night IAVA's Quick Reaction Force is standing by. QRF can help by providing connections to quality resources in Mental Health, Healthcare, Navigating & Accessing VA Benefits and more.	1-855-91RAPID	
<u>Flu Mob – Be the Vaccine</u>	Support Chat to talk with others in isolation or quarantine, resources for protecting the uninfected and serving the infected – DIY Guides, General Preparation, Mutual Aid, Tips & Tricks		
American Red Cross	Free Portal (Video Chat device) for those enrolled in the VA Caregiver program, Geriatric Services program, or those at high-risk of suicide	https://www.tfaforms. com/4805199	
Behavioral & Mental	Health Care		
Department of Veterans Affairs	Veterans enrolled in the VA can contact their Primary Care Provider for a referral to access mental health services through VA Video Connect if they aren't already receiving these services and need access.		

HEALTHCARE RES			
RESOURCE	INFORMATION	CONTACT	NOTES
Boston Vet Center	Boston Vet Center is accepting new clients and continuing mental health treatment via telehealth.	617-424-0665	
letwork of Care Massachusetts	Comprehensive statewide online resource to help anyone find information on mental health and substance use supports and services in their community		
lome Base Program Connect2Care	If you need support around processing your emotions or would like speak to to someone at Home Base, call (617) 724-5202 or visit homebase. org/connect2care.		
Allston Brighton Health Collaborative	Behavioral Health Resources of Boston		
ive An Hour			
amaritans of Greater Fall River nd New Bedford	Vital, confidential resource for individuals who are alone, depressed or need support.	Reach Samaritans of GFR and GNB at 508-673-3777 or 866-508-4357.	
<u>Defense Health Agency /</u> Psychological Health Center of Excellence (PHCoE) Resource Center	Call Centers, Ethical Guidelines, Military Family Support, Military Medical Organizations, Mobile Applications, Policy Sources, Real Warriors Campaign, Awareness Month Campaigns, Psychological Health Tools, inTransition (Connecting, Coaching, Empowering)		
<u> ThriveWorks</u>	Online counseling and coaching available by video or phone through local offices in Amherst, Boston, Cambridge, Framingham, Franklin, Leominster, Lexington, Newton, Stoughton, Waltham, and Westborough		
<u>Falkspace</u>	Paid service offering 7-day free trial and discount for veterans. Chat with your therapist whenever and wherever, on web or mobile. No scheduled appointments, no long wait		
Substance Use			
eterans Collaborative	Directory of AA & NA Meeting by City & Town in Massachusetts		
eterans Collaborative	RISEUP.vet – Recovery Focused Events in MA (Shared Calendar)		
etwork of Care Massachusetts	Comprehensive statewide online resource to help anyone find information on mental health and substance use supports and services in their community		
<u>he Phoenix</u>	Free resource offering online support meetings, yoga, and other classes supporting recovery from substance use disorders.		
A New England Region	Virtual meetings		
A Boston	Visit www.aa.boston.org to find out if a meeting is being held. <u>www.aa-intergroup.org</u>	Call AA Boston @ 617-426-9444 for meeting cancellations.	
nyRecovery	Online AA Meetings and 24/7 Meeting Room		
KA Speakers	Collection of recordings from speakermeetings, conventions and workshops of 12-step fellowships, such as Alcoholics Anonymous, Al-Anon Family Groups and Narcotics Anonymous.		

HEALTHCARE RESC	OURCES		
RESOURCE	INFORMATION	CONTACT	NOTES
Narcotics Anonymous Online Meetings			
Narcotics Anonymous Speakers	Online Streaming		
Virtual Narcotics Anonymous			
Sobriety First	Collection of audio files, speakers, literature, archives		
SMART Recovery Self-Management & Recovery Training			
Recovery Dharma Online	Healing from Addiction with Buddhist Practice - Daily Video and Phone Meetings		
Domestic Violence			
<u>Military OneSource</u>	Navigating Relationship Safety – Some recommendations, like social distancing and self-isolating at home, may be especially challenging for individuals who do not feel safe in their relationships with their spouse or partner, particularly if they live with that person. For some relationships, the added stress brought on by the pandemic, which could include financial implications, may also bring out unhealthy or even abusive behaviors.		
Dee Kennedy Family Justice Center of Boston	The <b>Dee Kennedy Family Justice Center of Boston (FJC)</b> is a community of agencies providing direct services to individuals and families in the City of Boston (and beyond) who have been affected by and/or exposed to domestic violence, sexual assault, child sexual abuse, or human trafficking/commercial sexual exploitation.	617-779-2100	
Children's Advocacy Center of Suffolk County	The Children's Advocacy Center of Suffolk County unites public, private and community partners to ensure safety, healing and justice for children and families impacted by violence, exploitation and abuse.	617-779-2146	
Love Life Now Foundation	Call or text us at Love Life Now Foundation to find out about resources in the MA area or if you just need to talk.	888-556-9876	
		Salem, MA (978) 744-8552	
		Gloucester, MA (978) 283-8642	
		Lynn, MA (781) 592-9900	
		North Shore Medical Center (978) 354-4383	
<u>Healing Abuse Workers For Change</u> (North Shore)	HAWC provides free services to abuse victims. To understand if what you're experiencing is abuse, or to start making a safety plan	After-hours hotline: 1 (800) 547- 1649	
Jeanne Geiger Crisis Center	Free, comprehensive services that support adult and child survivors healing from the trauma of domestic abuse;	(978) 388-1888 (800) 439-0183 (TTY)	

Suicide Prevention & Response			
RESOURCE	INFORMATION	CONTACT	NOTES
Veterans Collaborative	Suicide Prevention & Response Resource Network		
Veterans Collaborative	RISEUP.vet – Suicide Prevention/Postvention Events (Shared Calendar)		
Veterans Collaborative	RISEUP.vet – Support Groups (Shared Calendar)		
Veterans Collaborative	RISEUP.vet – Recovery Groups & Events (Shared Calendar)		

All health insurance carriers are required to provide medically necessary telehealth, testing, counseling, treatment, and vaccination (once it's developed and available) services without charging copays and coinsurance or applying a deductible. In response to COVID-19, insurance is paying for telehealth / online counseling.

<u>VA New England Healthcare</u> <u>System (VISN 1)</u>	Massachusetts (Boston, Bedford, Central Western Mass), New Hampshire (Manchester), Rhode Island (Providence), Connecticut (Newington, Westhaven), Maine (Augusta), and Vermont (White River Junction)	781-687-4821
VA Boston Healthcare System	Main Facilities – Brockton, Jamaica Plain and West Roxbury; Community Based Outpatient Clinics – Causeway Street, Framingham, Lowell, Plymouth, and Quincy	
Boston Vet Center	Boston Vet Center is accepting new clients and continuing mental health treatment via telehealth.	617-424-0665
VA Providence Healthcare System	Main Facility – Providence; Community Based Outpatient Clinics – Middletown (Rhode Island), New Bedford, Hyannis	
VA Central Western MA	Main Facility – Northampton; Community Based Outpatient Clinics – Fitchburg, Greenfield, Pittsfield, Springfield, and Worcester	
VA Bedford Healthcare System	Main Facility – Bedford; Community Based Outpatient Clinics – Gloucester, Haverhill, and Lynn	
VA Connection Plans	The VA Connection Plans intervention is an adaptation of the highly effective Suicide Safety Plans intervention and was created to assist older adults experiencing social isolation during COVID-19. It is designed to help older adults create a "Connection Plan" to cope with distress related to social isolation.	
<u>ThriveWorks</u>	Online counseling and coaching available by video or phone through local offices in Amherst, Boston, Cambridge, Framingham, Franklin, Leominster, Lexington, Newton, Stoughton, Waltham, and Westborough	
<u>Talkspace</u>	Paid service offering 7-day free trial and discount for veterans. Chat with your therapist whenever and wherever, on web or mobile. No scheduled appointments, no long wait	
Emotional 9 Mant	al Llaalth Cumpant Llatlings	
Emotional & Ment	tal Health Support Hotlines	
Veterans Crisis Line	Dial 988 then Press 1	

Suicide Preventio	on & Response		
RESOURCE	INFORMATION	CONTACT	NOTES
<u>Massachusetts Behavioral</u> <u>Health Help Line</u>	Dial (833) 773-2445	Gail Cavanaugh-McAuliffe, 571- 837-0786, Gail.Cavanaugh- McAuliffe@beaconhealthoptions. com	
Optum 24/7 Emotional Support Help Line	Optum, part of UnitedHealth Group, is opening its 24/7 Emotional-Support Help Line. Professionally trained, mental health staff are there to support people who may be suffering from fear or stress surrounding COVID-19. The service is free of charge and open to anyone.	866-342-6892	
Samaritans of Greater Fall River and New Bedford	Vital, confidential resource for individuals who are alone, depressed or need support.	Reach Samaritans of GFR and GNB at 508-673-3777 or 866-508-4357.	
<u>Marine Corps Community</u> Services DSTRESS Line	24/7 Anonymous Marine-to-Marine phone and support service staffed by veteran Marines, former Fleet Marine Force Navy Corpsmen, Marine spouses and family members, and licensed behavioral health counselors helping callers manage stress in all forms and develop coping skills.	877-476-7734	
Crisis Text Line	Text HOME to 741741 from anywhere in the United States, anytime, about any type of crisis to connect with a Crisis Counselor		
Iraq & Afghanistan Veterans of America	Rapid Response and Referral Program – Call or visit us online for immediate support. If you need someone to talk to, anytime, day or night IAVA's Quick Reaction Force is standing by. QRF can help by providing peer support 24/7 and providing connections to quality mental health resources.	1-855-91RAPID	
The Phoenix	Free resource offering online support meetings, yoga, and other classes.		
American Red Cross	Free Portal (Video Chat device) for those at high-risk of suicide	https://www.tfaforms. com/4805199	
<u>National Domestic Violence</u> <u>Hotline</u>	24/7 resource for any victim quarantined with their abuser or survivor who needs overall support during the Coronavirus quarantine. Call them or text LOVEIS to 22522.	800-799-7233, 1-800-787-3224 (TTY)	
SafeLink MA	Casa Myrna operates SafeLink, Massachusetts' statewide 24/7 toll-free domestic violence hotline	1-877-785-2020	
RESPOND, Inc.	Support Line answered by a trained domestic violence counselor from 9AM to 5PM, Monday through Friday: (617) 623-5900	617-623-5900, 1-800-439-2370 (TTY/TDD), 1-866-645-9870 (Speech Difficulties)	

Legal Aid					
RESOURCE	STATUS	WEBSITE	PHONE	EMAIL	NOTES
Veterans Collaborative	Justice & Legal Services Resource Network	https://www. collaborate.vet/justice			
Veterans Collaborative	Bad Paper Discharges	https://www. collaborate. vet/discharge			
Veterans Legal Services (VLS)	Conducting phone consultations for eligible veterans regarding their civil legal issues. Call 857-317-4474 during normal business hours for a phone intake. If eligible, a VLS atty will call you back for a phone consultation. VLS helps low income veterans with their civil legal issues including housing, family law, debt collection defense, and federal/state veterans and other benefit issues.	www. veteranslegalservices. org	857-317-4474		
VLS Ch. 115 Survey	VLS has been advocating with DVS for some changes to Ch. 115 application procedures. To inform our advocacy efforts, we are asking applicants to fill out a brief survey on their experiences applying for Ch. 115. Please visit www.veteranslegalservices. org/chapter115 to give us your thoughts.	www. veteranslegalservices. org/chapter115	857-317-4474		
Mass Veterans Benefits Calculator (Legal Services Center of Harvard Law School)	The Massachusetts Veterans Benefits Calculator created by Harvard Law School's Legal Services Center helps Massachusetts residents who have served in the military quickly and easily determine if they may be eligible for financial assistance through a state program known as Chapter 115 benefits. By completing this calculator, low-income veterans, along with their dependents and survivors, can find out if they qualify for monthly cash assistance and get information on these benefits earned through their service.	MassVetBen.org	617-390-2525	massvetben@la w.harvard.edu	
Veterans Legal Clinic, at the Legal Services Center of Harvard Law School	Available to conduct legal intakes by phone or email. We prioritize cases involving access to Chapter 115 benefits, discharge upgrades and bad paper issues, and estate planning needs for low-income and disabled veterans. We can provide advice and referrals on other legal issues.	http://www. legalservicescenter. org/get-legal-help/the- veterans-law-unit/	617-390-2525	veteranslegalcli nic@law. harvard.edu	
	From May 1–July 15, the Federal Tax Clinic at the Legal Services Center of Harvard Law School is offering FREE virtual tax filing services with an IRS-enrolled agent or IRS-certified volunteer to help eligible taxpayers file current/old tax returns and claim their Economic Impact Payments (stimulus payments) of \$1,200 per individual and \$500 for dependents age 17 or younger.		(617) 390-1729		
Safety Net Project of the Veterans Legal Clinic at the Legal Services Center of Harvard Law School	The Safety Net project (https://www.legalservicescenter.org/get-le	https://www. legalservicescenter. org/get-legal- help/safety-net- project/	(617) 390 2524, or main number (617) 522 3003		
Domestic Violence & Cr	ime Victims				
Veterans Collaborative	Housing Resource Network – Emergency Domestic Violence Shelters & Housing Assistance				
	If you are the victim or witness of a crime, please file a report with the police or the District Attorney's office.	617-619-4000			
Boston Police Department		617-343-4200			

Legal Aid					
RESOURCE	STATUS	WEBSITE	PHONE	EMAIL	NOTES
Dee Kennedy Family Justice Center of Boston	The <b>Dee Kennedy Family Justice Center of Boston (FJC)</b> is a community of agencies providing direct services to individuals and families in the City of Boston (and beyond) who have been affected by and/or exposed to domestic violence, sexual assault, child sexual abuse, or human trafficking/commercial sexual exploitation.	617-779-2100			
<u>Children's Advocacy</u> <u>Center of Suffolk</u> <u>County</u>	The Children's Advocacy Center of Suffolk County unites public, private and community partners to ensure safety, healing and justice for children and families impacted by violence, exploitation and abuse.	617-779-2146			

Housing, Home R	epairs & Adaptations				
RESOURCE	STATUS	PHONE	EMAIL	NOTES	
Veterans Collaborative	Home & Housing Resource Network				
Massachusetts Department of Housing and Community Development	Due to office closures, families applying for Emergency Assistance Shelter can only apply by phone.	866-584-0653			
USA Cares	The <b>Housing Assistance Program</b> aims to prevent foreclosures and evictions for post-9/11 veterans and their families. Families seeking help are required to attend free budget counseling before any grant assistance is awarded.				
<mark>Iraq &amp; Afghanistan Veterans of America</mark>	Rapid Response and Referral Program – Call or visit us online for immediate support. If you need someone to talk to, anytime, day or night IAVA's Quick Reaction Force is standing by. QRF can help by providing peer support 24/7 and connections to quality resources for Housing and Homelessness	1-855-91RAPID			
<u>US Department of Housing &amp;</u> <u>Urban Development (HUD)</u>	Information about relief for homeowners				
<u>UHaul</u>	Offering 30 days of free storage for students				
US Department of Agriculture. (USDA)	Single Family Housing Repair Loans & Grants – Also known as the Section 504 Home Repair program, this provides loans to very-low-income homeowners to repair, improve or modernize their homes or grants to elderly very-low-income homeowners to remove health and safety hazards. Eligible homeowners can receive up to \$27,500 (up to \$20,000 at 1% on a 20-year loans and up to \$7,500 in a grant). This program helps people stay in their own home and keep it in good repair helps families and their communities. Homeownership helps families and individuals build savings over time. It strengthens communities and helps many kinds of businesses that support the local economy.	413-253-4300 x1	Address: 451 West St, Suite 2, Amherst, MA 01002	Massachusetts POC: Michael J. Rendulic	
Massachusetts Military Support Foundation	The <b>SAFEHOMES4VETS (SH4V)</b> grant is available to help disabled Veterans by providing a barrier-free living environment, such as a wheelchair ramps, wider doorways, as well as Kitchen and bath upgrade allowing accessible homes, that affords Veterans a level of independent living they may not otherwise enjoy. Veterans and current service members with specific service- connected disabilities may be entitled to a grant for the purpose of modifying their living accommodations to meet their individual adaptive needs, up to the current maximum of \$20,000 for 2020.				
Fresh Start Furniture Bank	Reopened with new procedures. A detailed description of the process can be found here.	508-485-2080	info@FreshStartFurniture Bank.org		
https://www.storageunits. com/active-duty-storage-guide/	Moving a household is no easy feat for anyone, young or old. Whether it's time for you to move on from the home you've been in for decades or your lease is up and you need a change, moving as a senior comes with its own set of unique challenges. This guide covers advice on how to know you're ready for a move, what to look for in a new home, and how to transition smoothly.	800-214-6085	josephine@storageunits. com		
Transitional & Emergency Housi	-				
Veterans Collaborative	Housing Resource Network – Emergency Domestic Violence Shelters & Housing Assistance				
New England Center and Home for Veterans	Transitional program, permanent housing, and meals for residents; no non-essential external visitors				
Pine Street Inn	Emergency shelter and meals (for shelter guests); remote case management for housed clients, outreach is operational				
Boston Public Health Commission	Emergency shelter, meals (for shelter guests), and health clinics				
Boston Rescue Mission/Kingston House	Emergency shelter and meals (for shelter guests); Sunday community dinner (5-6: 30pm),				
Boston Night Center	Overnight Drop-In (8:30pm - 6am), reduced capacity to 40 people per night				
Bridge Over Troubled Waters	Emergency Shelter (7 days per week), Day Program (7am - 5pm, M-F), outreach, staging meals, small groups, offering take out food if donated				

Housing, Home R	epairs & Adaptations				
RESOURCE	STATUS	PHONE	EMAIL	NOTES	
Cardinal Medieros Day Shelter	Day Program (8am - 3pm, M-F), meals on the go (breakfast, lunch), 25 people in at a time				
Ecclesia Ministries/Common Cathedral	Drop-in center (MWF 8am - 1pm), meals - mainly food to go (breakfast and lunch), Sunday Service (1pm)				
Rosie's Place	day program, food pantry for women who need groceries, emergency shelter, meals to go or dine in with 1 person to a table (lunch and dinner), laundry. Asking housed guests to stay home.				
St Francis House	Day Program (M-F), daily meals (breakfast and lunch), showers, clothing, health clinics. Essential personnel only with staggered staffing.				
Samaritan House	Guests are leaving at 7am and will be allowed to return at 2pm; people presenting with flu-like symptoms will be sent to the hospital.	1-800-HOMELESS			
HOUSING AUTHORITIES					
Attleboro		508-222-0151			
		508-883-4999	bellinghamha@comcast.		
<u>Bellingham</u>			net		
Boston		617-988-4000			
Brookline		617-277-2022			
<u>Cambridge</u>		617-864-3020			
<u>Dighton</u>		508-823-8361			
Easton		508-238-4747	housingauthority@easton housing.com		
Fall River		508-675-3500			
Foxborough		508-543-5960	foxoroughha@gmail.com		
Franklin		508-528-2220			
Hopedale		508-473-8120	hopedalehousing@comc ast.net		
Hopkinton		508-435-6022			
Lakeville	Under Middleborough				
<u>Mansfield</u>		508-339-6890			
Medfield		508-359-6454			
Medway		508-533-2434			
<u>Middleboro</u>					
Milford		508-473-9521			
Millis	Under Medfield	781-444-3011			
<u>Needham</u>					
<u>Newton</u>		617-552-5501			
Norfolk		508 528 4800	norfolkha@verizon.net		
North Attleborough		508-695-5142			
Norton		508-285-3929			
Plainville			housingauthority@plainvi lle.ma.us		
Raynham		508-824-9404			
Seekonk	Starting				
Sharon		781-784-2733	sharonhousing@comcast .net		
Somerset		508-672-3348	somerset667@gmail.com		
Swansea	Under Dartmouth				
Taunton	Encouraging contact by phone, email, or online.	508-823-6308			
Wellesley		781-235-0223			
Wrentham		508-384-2054			

Employment &	Income Support			
RESOURCE	status	PHONE	CONTACT	
Veterans Collaborative	Employment Resource Network	THOME		
Veterans Collaborative	Financial Security Resource Network			
Veterans Collaborative	Entrepreneurship Resource Network			
	ON / PROFESSIONAL DEVELOPMENT SERVICES			
FourBlock	Virtual & In Person (Boston) Veteran Career Readiness Programs		Mike Dunford	
	Virtual Military Spouse Career Readiness Program			
	Find Your Calling Online Course			
National Association of State Workforce Agencies (NASWA) and DirectEmployers Association	The National Association of State Workforce Agencies (NASWA) and DirectEmployers Association announced the launch of <u>NeedAJobNow.usNLx.</u> com, a job site dedicated to providing a centralized location for displaced workers to access employment opportunities from U.S. corporations with immediate hiring needs due to the novel coronavirus (COVID-19). Powered by the National Labor Exchange (NLx), the site houses jobs from vetted employers in all industries and provides an opportunity for Americans to return			
<u>MassHire</u>	to work and gain meaningful employment. Still operating! If you know any Veteran that is interested in employment assistance, email any DVOP.		christopher.feugill@detma.org Darren.bradshaw@detma. org	
Signal 88	Hiring Now!! Service-Disabled, Veteran-Owned Business - Immediate openings for Security Officers in Multiple Locations: Brockton, Haverhill, Brighton, Plymouth, Raynham, Danvers, Lynn, Saugus, North Reading.			
Veterans Upward Bound (VUB)	VUB continues to offer courses online through this trying time – all completely free of charge for Veterans. VUB staff is available via phone, zoom, or email for academic counseling and for Veterans who require assistance navigating the college admissions for the upcoming Summer and Fall semesters.	(617)-725-4139		
	We are also excited to announce that we have been approved to offer a small monthly stipend to students who we are working with during this epidemic – If you are looking for something to pass the time as you prepare for college enrollment, we have numerous on demand courses that we can offer you.	(617)-725-4139		
LOCAL, STATE, AND FEDE	RAL GOVERNMENT PROGRAMS			
<u>Massachusetts Welcome</u> <u>Home Bonus</u>	Massachusetts awards wartime bonuses to servicemembers that lived in Massachusetts before entering the military and served during a wartime period (Global War on Terrorism (9/11/2001 - present), Persian Gulf (1990 - 1991), Vietnam Conflict, Korean War, and Word War II). Gold Star Family members are eligible for the bonus if the veteran did not receive their bonus.	617-367-9333 ext 859	veteransbonus@tre.state.ma.us	
Massachusetts Department of Veterans Services	Chapter 115 Program – Under Massachusetts General Laws M.G.L. ch. 115, the Commonwealth provides a needs-based means tested program of financial and medical assistance for indigent veterans and their dependents. Qualifying veterans and their dependents receive necessary financial assistance for food, shelter, clothing, fuel, and medical care in accordance with a formula which takes into account the number of dependents and income from all sources. Eligible dependents of deceased veterans are provided with the same benefits as if the veteran were still living. For more information about Chapter 115, contact your town's VSO: https://www.sec.state.ma.us/cis/cisvet/vetother.htm.		UPDATE – March 29, 2021 – Secretary Poppe announced that federal economic stimulus payments will NOT be counted as income or assets when calculating Chapter 115 eligibility. The overall allowable assets has also been increased. Please read the full directive here for more information.	
<u>Chapter 115 Benefit</u> <u>Calculator</u>	The <u>Massachusetts Veterans Benefits Calculator</u> created by Harvard Law School's Legal Services Center helps Massachusetts residents who have served in the military quickly and easily determine if they may be eligible for financial assistance through a state program known as Chapter 115 benefits. By completing this calculator, low-income veterans, along with their dependents and survivors, can find out if they qualify for monthly cash assistance and get information on these benefits earned through their service.			

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Employment &	Income Support			
RESOURCE	STATUS	PHONE	CONTACT	
Veterans Benefits Administration	Service Connected Disability Compensation – VA disability compensation (pay) offers a monthly tax-free payment to Veterans who got sick or injured while serving in the military and to Veterans whose service made an existing condition worse. Veterans may qualify for VA disability benefits for physical conditions (like a chronic illness or injury) and mental health conditions (like PTSD) that developed before, during, or after service.	800-827-1000		
	Veterans Pension – monthly payments to wartime Veterans who meet certain age or disability requirements, and who have income and net worth within certain limits.	877-294-6380		
	Survivor's Pension – monthly payments for qualified surviving spouses and unmarried dependent children of wartime Veterans who meet certain annual income and net worth limits. If you haven't remarried after the Veteran's death, and if the deceased Veteran didn't receive a dishonorable discharge and their service meets wartime service criteria outlined on the website, you may be eligible for this benefit.	877-294-6380		
	Aid and Attendance or Housebound – If you need help with daily activities, or you're housebound, and qualify for the pension, you may qualify for monthly payments added to the amount of the monthly VA pension's for veterans and survivors.	877-294-6380		
Social Security Administration	FAQs and latest information from Social Security			
	AARP is helping SSA and its Office of the Inspector General warn you about scammers using Social Security in coronavirus (COVID-19) scams. <u>AARP has</u> a new webinar available for free (registration required), advising the public that scammers' lactics continue to evolve, and they are now using coronavirus to try to scare us.			
Massachusetts Department of Unemployment Assistance	You may be eligible for unemployment benefits if you are quarantined or if you left work due to risk of exposure or to care for a family member. You don't have to provide medical documentation, but you must: (1) remain in contact with your employer, and; (2) be available for work your employer may have that you're able to do. Massachusetts has waived the one week waiting period for benefits.			
	The Massachusetts Department of Unemployment Assistance will be conducting a <u>series of daily virtual town halls</u> (available online and over the phone) to provide support to residents navigating the application process.			
Pandemic Unemployment Assistance	The expanded Unemployment benefits are called Pandemic Unemployment Assistance (PUA), is available to anyone who does not traditionally qualify for regular unemployment benefits but are unable to work due to COVID-19. PUA be applied for here:			
Massachusetts Attorney General	The Massachusetts Attorney General is accepting online complaints related to minimum wage, overtime payment, sick time, meal breaks, and worker protections. You can file a complaint with the Fair Labor Division or call the hotline.	617-727-3465		
Internal Revenue Service	The IRS has <u>launched a portal</u> so that people who are not required to file a tax return (for instance, veterans whose sole source of income is non-taxable, like VA disability benefits) can enter direct deposit information so they don't have to wait for a paper stimulus check. You can also check on the status of your payment.			
FINANCIAL COUNSELING A	ND ASSISTANCE			
Veterans Collaborative	Financial Security Resource Network			
Iraq & Afghanistan Veterans of America	Rapid Response and Referral Program – Call or visit us online for immediate support. If you need someone to talk to, anytime, day or night IAVA's Quick Reaction Force is standing by. QRF can help by providing peer support 24/7 and providing connections to quality resources, including Financial Assistance, Disability Claims, Employment, and Navigating and Accessing VA Benefits	855-91RAPID		

	Income Support			
RESOURCE	STATUS	PHONE	CONTACT	
American Consumer Credit Counseling	Personal financial, housing, and student loan counseling, education, debt management programs, bankruptcy certificates. Direct POC: Sue Katz, 857-636-1825	800-769-3571	skatz@consumercredit.com	
Ailitary OneSource	Support for Financial Stresses – The coronavirus outbreak may affect many aspects of your military life, including financial readiness. If you and your family are experiencing challenges, the Department of Defense offers a number of services to help you take control and minimize financial distress.			
eiders Enterprises	Personal Finance Counseling (Money Management, Planning etc)	774-478-0130	pfc.ma.ng@zeiders.com	
Credit Karma	Replace income and find helpful benefits: Using information from your credit reports and things you've told us, we'll help you find potential income sources and benefits.			
GRANTS & RELIEF FUNDS				
/FW Unmet Needs	he program provides financial aid grants of up to \$1,500 to assist with basic life needs in the form of a grant - not a loan - so no repayment is required. To further ease the burden, we pay the creditor directly.			
The Armed Forces Foundation	The Armed Forces Foundation provides financial support, career counseling, housing assistance and recreational therapy programs to active-duty and retired personnel, National Guard, Reserve components, and their loved ones.	(website is currently down)		
<u>Massachusetts Military</u> <u>Heroes Fund</u>	Provides grants for basic needs to income qualified Massachusetts families whose loved one died on, or as a result of, post 9/11/01 active duty military service. Eligibility guidelines and an application are online.			
<u>Massachusetts Military</u> Family Relief Fund	COVID-19 Massachusetts Military Family Relief Fund. Fund will give immediate financial support to Massachusetts military families and Families of Fallen Service Members. The Fund will initially provide \$200 grants for essential financial help so families can quickly purchase groceries, health supplies and other necessities in their own communities. It will also provide funds to secure personal protective equipment (PPE) for Service Members and military family members who are first responders or healthcare workers.	1-84-HELP- VETS	meghan@militaryfriends.org	
Operation First Response Military Family Assistance Program	Services are provided to disabled veterans and their families from the onset of an injury or illness, throughout their recovery period and along their journey from military life to the civilian world. Financial aid varies as each case is based on individual needs including rent, utilities, vehicle payments, groceries, clothing, etc.			
PENFED Foundation	Military Heroes Fund COVID-19 Emergency Financial Relief Program – relief for veterans and currently serving Reserves and National Guard experiencing a financial setback due to the COVID-19 pandemic. Grant amount will support 1 month of payment up to \$1500 in the following areas: rent, mortgage, auto loan/lease, and utilities (electric, water, heat).		The financial needs of applicants has exceeded the funding capacity of the Foundation. We are suspending the application process for the time being. We will update the website as we get more information or additional resources.	
	Military Heroes Fund Emergency Financial Assistance – The Military Heroes			
	Fund emergency financial assistance program offers financial assistance for wounded, ill, and injured post 9-11 combat veterans who are experiencing an unexpected short term (1- 3 months) financial setback. The grant amount cannot exceed the equivalent of three months of delinquent payment. The Foundation can only support one emergency financial request per household.			
	Dream Makers provides matching grants for down payment and closing cost assistance. Please carefully read the eligibility requirements below for both the applicant and the mortgage. The amount of the grant is determined by a 2-to-1 match of the borrower's contribution to their mortgage in earnest deposit and cash brought at closing with a maximum grant of \$5,000. The borrower must contribute a minimum of \$500. Grant approvals are contingent upon available funding. You don't have to be a Pentagon Federal Credit Union member to benefit from Dream Makers, and you can apply the grant to a mortgage from any financial institution (please read mortgage requirements below). All approved applications are valid for 90 days after being submitted. Application conditional approvals may take up to 5 business days. Any applicant that has not closed on their home within the 90 day period must reapply. Grants will not be awarded after closing.			

RESOURCE	Income Support status	PHONE	CONTACT	
RESOURCE	Child Care Assistance. We provide child care assistance to caregivers who are experiencing financial strain in their lives as they cope with circumstances surrounding the challenges involved in caring for a disabled veteran. The Foundation will consider assistance with childcare for up to 12 months with a \$12,000 cap. Initial assistance is given for no more than 6 months and can be extended for another 6 months upon review. Short-term Training or Education Expense. We provide one-time assistance to obtain a needed certification, recertification due to a move or lapse in certification, or enrolling in a continuing credit program for needed licensure or professional certification. The Foundation will consider assistance for up to 12 months with a \$12,000 cap	PHONE	CONTACT	
	Interest-Free Loans, known as <u>Asset Recovery Kit Loans</u> , provide a no- interest alternative to predatory lending for active duty, reserve, and National Guard military. Through Interest-Free Loans, one can borrow up to \$500 with a flat fee of \$5 and no interest for one month.			
<u>Disabled American</u> Veterans (DAV)	Short-term Training or Education Expense			
	We provide one-time assistance to eligible caregivers who are seeking to enroll in a short-term training course to obtain a needed certification, recertification due to a move or lapse in certification, or enrolling in a continuing credit program for needed licensure or professional certification. The Foundation will consider assistance for up to 12 months with a \$12,000 cap.			
<u>United Way of Central</u> <u>Massachusetts</u>	UWCM initiated the We Care Fund! to respond to the COVID-19 crisis by helping those hardest hit by COVID-19 in our community. Your support will deliver positive, lasting impact where and when it matters most in our community helping connect families and individuals with the resources and services they need to improve their lives.			
<u>United Way of North</u> Central Massachusetts	UWNCM has established the Stand United Fund to help alleviate the drastic disruptions to family life in our area. Together with our network of nonprofit organizations in the region and the Community Foundation of North Central Massachusetts, we will assist individuals and families as they deal with this health crisis. The Fund will support those hardest hit by COVID-19 as they deal with basic food, childcare and housing needs.			
<u> Jnion Capital Boston</u> COVID-19 Fund	100% of funds raised will be redistributed to any Bostonian in need.			
Cambridge Disaster Relief Fund for COVID-19	Mayor Sumbul Siddiqui and City Manager Louis A. DePasquale have activated the Mayor's Disaster Relief Fund to provide emergency assistance in partnership with non-profit organizations to individuals and families in Cambridge experiencing extreme financial hardship caused by the current COVID-19 crisis. Secure donations can be made online or by mail.			
Cambridge Community Foundation	Cambridge has been working in close partnership with the Cambridge Community Foundation, which will be launching two additional funds, one to assist individuals and families, and the other to assist artists and others in the arts community who have been significantly impacted.			
<u>Jnited Way COVID-19</u> Community Response & Recovery Fund	This fund was started to help families and people in need access information and critical services like food, shelter, and more.			
Jnited Way of Greater Fall River (UWGFR)	UWGFR is joining philanthropic and business partners with community agencies to offer an organized response to the COVID-19 pandemic. Those wishing to support ongoing efforts in the Greater Fall River area are encouraged to donate to the UWGFR COVID-19 Relief Fund to streamline fundraising efforts through a trusted and local community partner.			
Nodest Needs	Modest Needs is a tax-exempt charity where you can make small, emergency grants to low-income workers who're at risk of slipping into poverty and for whom no other source of immediate help is available. Donate to help hourly workers who won't be paid during the COVID-19 crisis. All donations will be matched up to \$\$50,000.			

RESOURCE	STATUS	PHONE	CONTACT	
Breg Hill Foundation	Restaurant Strong Fund – The Greg Hill Foundation has teamed up with Samuel Adams <sup>*</sup> to support those from the Massachusetts restaurant industry who have been impacted by the Covid-19 closures. Our goal is to provide \$1,000 grants to as many qualifying grantees as possible. Sam Adams is kickstarting the Restaurant Strong Fund with a donation of \$100,000 and a commitment to match donations through 3/31 up to an additional \$100,000.	THORE		
Coalition to Support	Emergency Financial Aid and support services for disabled OIF, OEF, and OND veterans to cover expenses such as utility bills, car payments and repair, mortgage and rent, groceries, baby formula, household supplies, school supplies and clothing, and medical bills.			
alute Inc Financial ssistance	SALUTE, INC. helps affected disabled veterans and their families by providing financial aid for rent/mortgage payments, auto expenses, phone, utility bills, and other everyday living expenses.			
Semper Fi Fund	Semper Fi Fund is dedicated to providing immediate financial assistance and lifetime support to combat wounded, critically ill and catastrophically injured members of all branches of the U.S. Armed Forces and their families, ensuring that they have the resources they need during their recovery and transition back to their communities.			
JSA Cares	The Emergency Assistance program focuses on cases where the financial stress is related to military service for Post-9/11 veterans. This program pays immediate, essential bills, including food and utility bills.			
Operation Home Front	Critical Financial Assistance program helps military families with mortgage payments, rent, utilities, car repairs, home repairs, overdue bills, critical baby items, and groceries. Program is for active duty, deployed, veterans, and wounded, ill or injured service members meeting specific eligibility criteria (http://cms.operationhomefront.org/media/690315/cfa-eligibility-criteria.pdf).			
Ailitary OneSource	Emergency Financial Assistance – Service members and families who have been affected financially as a result of travel restrictions, closures and other events from the coronavirus can check with their service relief organization to see if emergency help is available.			
The Boston Foundation COVID-19 Response Fund	The Boston Foundation announces establishment of COVID-19 Response Fund in partnership with Mayor Walsh and the City of Boston. Fund will support nonprofits working with most gravely affected communities in Greater Boston.			
<u>Jnion Capital Boston</u> COVID-19 Fund	Sign-up for UCB Visa Gift Card Support			
<u>Jnexpected Hardship</u> Fund for TUFTS Students	Undergraduate students from Arts & Sciences, SMFA, and Engineering may submit a request for aid and receive immediate help – students should Students email to request financial support from this fund.		FIRST@tufts.edu	
Boston Resiliency Fund	Mayor Walsh announced the formation and launch of the Boston Resiliency Fund to coordinate fundraising and philanthropic efforts to provide essential services to Boston residents whose health and well-being are most immediately impacted and to assist first responders and critical care providers.			
Boston Artist Relief Fund	The Boston Artist Relief Fund will award grants of \$500 and \$1000 to individual artists who live in Boston whose creative practices and incomes are being adversely impacted by COVID-19. With events of all types being cancelled to reduce spread of COVID-19, people who make income partially or fully through gigs and freelance work are losing critical opportunities to support their well-being in our city. This also includes support for artists working full or part-time in the service industry who have lost supplemental income used to support their creative practices.			
	Our goal is to make disbursements several times a week depending on funds received and get them to people in a timely manner. If you applied and haven't heard back from us in a few days, please hang tight. We will work to get funds dispersed as quickly as possible			
Boston Music Maker Relief Fund	Small grants of up to \$200 will be paid rapidly on a first come, first served basis to affected artists and groups who live in the Greater Boston area and have experienced lost income from a performance cancellation related to COVID-19.			

Employment &				
RESOURCE	STATUS	PHONE	CONTACT	
Help the Boston Service Industry	Every time you have a drink during social distancing or prepare your own meal at home, consider tipping a local service industry worker through Venmo or Cash App. Your family, friends and neighbors in the service industry (which includes veterans, Reservists, and National Guard) are severely impacted by social distancing and quarantine. Fewer patrons and closing restaurants is tough on everyone, from the customers to the staff, and every little bit helps.			
<u>One Fair Wage</u>	The Emergency Coronavirus Tipped and Service Worker Support Fund is providing cash assistance to restaurant workers, car service drivers, delivery workers, personal service workers and more who need the money they aren't getting to survive.			
Boston Singer's Relief Fund	Grants for professional New England singers earning at least 15% of their income through singing who are residents of ME, NH, VT, CT, MA or RI, or who earn a significant amount of their income from organizations within New England (Boston Singers' Resource membership not required to be eligible). Amount varies based on need and availability of funds.			
Cambridge Community Foundation Artist Relief Fund	The Cambridge Artist Relief Fund will accept applications on a rolling basis to provide grants to organizations and individuals facing a financial burden. Focused on lost income, current and into the foreseeable future, the Fund will provide one-time relief to arts organizations and artists who live, work, create, and/or perform in Cambridge. Grant sizes will range up to \$1,000 and be provided on a first-come, first-served basis.			
Help the Boston Service Industry	Local service industry workers can sign up to randomly receive tips – every time people have a drink or meal at home during social distancing, they can consider tipping a local service industry worker through Venmo or Cash App randomly selected when they visit the site. ServiceIndustry.tips now provides coverage in the following areas in Massachusetts: Boston, Cape Cod, North Shore, and Western Mass.			
<u>Restaurant Workers</u> Community Foundation	Resources for Restaurants and Workers Coping with the COVID-19 Emergency			
USBG National Charity Foundation – Bartender Emergency Assistance	For bartenders or their spouses or children experiencing a catastrophic event or emergency hardship who are lacking the necessities of life, including financial, physical, mental, or emotional well being as a result. Grants will be made in the form of lump sum distributions to the recipient, or as determined by the USBG National Charity Foundation's Board of Directors based on the needs of the particular recipient.			
Western Mass Low-income Artist/Freelancer Relief Fund	Our goal is to make disbursements several times a week depending on funds received and get them to people in a timely manner. If you applied and haven't heard back from us in a few days, please hang tight. We will work to get funds dispersed as quickly as possible			
Freelance Artist Resource	Aggregated list of FREE resources, opportunities, and financial relief options available to artists of all disciplines, specifically designed to serve freelance artists, and those interested in supporting the independent artist community, including but not limited to, actors, designers, producers, technicians, stage managers, musicians, composers, choreographers, visual artists, filmmakers, craft artists, teaching artists, dancers, writers, playwrights, photographers, etc.			
<u>One Fair Wage</u>	The Emergency Coronavirus Tipped and Service Worker Support Fund is providing cash assistance to restaurant workers, car service drivers, delivery workers, personal service workers and more who need the money they aren't getting to survive.			
Modest Needs	Modest Needs is a tax-exempt charity where you can make small, emergency grants to low-income workers who're at risk of slipping into poverty and for whom no other source of immediate help is available.			
Unexpected Hardship Fund for TUFTS Students	Undergraduate students from Arts & Sciences, SMFA, and Engineering may submit a request for aid and receive immediate help – students should Students email to request financial support from this fund.		FIRST@tufts.edu	
UTILITIES & INTERNET ACC	CESS			
Comcast	Free 60-day package for low-income customers			

Employment &	Income Support		
RESOURCE	STATUS	PHONE	СОЛТАСТ
<u>xfinity</u>	Free WiFi Hotspots		
Salvation Army Emergency Assistance (Taunton Area)	Emergency assistance for utility, fuel, and food vouchers for families and individuals under age 60. Please call the Salvation Army to apply.	339-502-5900	
Citizens for Citizens (Fuel & Emergency Utility Assistance)	CFC will no longer be seeing clients in person/in office. They will assist with fuel applications over the telephone. CFC has a drop box set up at the door for dropping off documents. Clients can call CFC for assistance.	508-823-6346	
Taunton Department of Human Services	Taunton Emergency Task Force / Emergency Fuel and Utility Assistance	508-821-1420	
TMLP	Moratorium has been extended until April 1; people are allowed to come into the office to pay bills and other services.		
Columbia Gas	As of now they are not shutting off anyone's utilities and will work with customers on any financial difficulties.		
Low Income Home Energy Assistance Program (LIHEAP)	The Low Income Home Energy Assistance Program (LIHEAP) helps keep families safe and healthy through initiatives that assist families with energy costs.	(800) 632-8175	
CHILDCARE			
Massachusetts	Gov. Baker signed an exectuive order closing all childcare programs from March 22 to April 6. This closure applies to all center-based child care and family child care programs. It does not apply to residential schools, community group homes, temporary shelters, transition-to-independent living facilities, teen parent programs, and DYS secure facilities. Exempt Emergency Child Care Programs will be the only child care programs that are allowed to operate during this time. This prioritizes public health and safety while maintaining critical service.		
	Exempt Emergency Childcare Programs – Do not contact an emergency child care program unless you require emergency, back-up, drop-in care. Priority must be given to people including but are not limited to health care workers, essential state and human service workers, COVID-19 health workers, grocery store employees, emergency response personnel, law enforcement, transportation and infrastructure workers, sanitation workers, DCF-involved families, and families living in shelters.		
	Childcare providers interested in signing up to provide emergency childcare assistance can fill out this form to be considered.		

RESOURCE / LINK	INFO	PHONE	EMAIL	NOTES
eterans Collaborative	Shared Resources			
IUTUAL AID GROUPS				
lutual aid is a powerful way to	build strong connections. We all have something to offer and we all have something we need.			
assachusetts Mutual Aid				
letworks				
<u>Iutual Aid Hub</u>	Mutual aid is keeping communities afloat. Find Mutual Aid Networks and other community self-support projects near you. You can reach out to these groups directly to get involved, offer resources, or submit needs requests.			Maintained by Ground Game Los Angeles, includes access points for community-based resource networks in local communities in Massachusetts.
lutual Aid Network levelopment	Mutual Aid: How to Build a Network in Your Neighborhood – Mutual aid networks help build connections within communities and neighborhoods between those with something to offer to those with needs.			
OVID-19 National Mutual Aid	Fill out this form and a moderator will add you to the SLACK. This SLACK workspace is for folks who are actively organizing or starting mutual aid networks in response to the COVID-19 outbreak in the U.S. to collaborate and share best practices and information.			
laterial Aid & Advocacy Program	The mission of the Material Aid and Advocacy Program (MAAP) is to support and empower community members experiencing homelessness or living in poverty, through material aid, access to resources, and advocacy opportunities. Currently seeking items from their COVID-19 Urgent Needs Wish List, available on their website/Amazon. POC: Cassie Hurd, Executive Director	617-876-5312	churd@maapma.org	
Autual Aid Disaster Relief	Mutual Aid Disaster Relief is a grassroots network whose mission is to provide disaster relief based on the principles of solidarity, mutual aid, and autonomous direct action. By working with, listening to, and supporting impacted communities, especially their most vulnerable members, to lead their own recovery, we strive to build long-term, sustainable and resilient communities. Mutual Aid Disaster Relief responds to disasters, educates about community organizing as disaster preparedness and collaborative neighborhood crisis response, collects and disseminates lessons learned in the field, and supports and provides a connective tissue between other grassroots groups doing response work.			
lutual Aid Arlington	How to get help from Arlington neighbors, help with tech, volunteer groups, neighborhood pods, tech volunteers, links to help outside of Arlington			
COVID-19 Boston Mutual Aid Ietwork Slack				
50 MA & Friends COVID-19 Autual Aid Needs & Offers	350 Mass is a statewide network of grassroots activists working to fight climate change. We know that climate change disproportionately harms people already marginalized by society (because of their race, class, dis/ability and health status etc) and that coronavirus works the same way: This public health crisis creates an urgent need for solidarity within and outside of our network.			
Nutual Aid Medford and comerville (MAMAS)	MAMAS is building out google groups in which folks can self-organize around larger requests. These groups are self-organized, please feel empowered to take on leadership in organizing. We will be triaging requests for support to these groups. Join by following links on the website for <b>Childcare</b> (join to think about community solutions to schools closing), <b>Drivers</b> (join if you can drive and have access to a car for deliveries), <b>Cooks</b> (join if you are down to think through food preparation and distribution), <b>Translation</b> (join if you are available to help translate materials or help on the hotline in Spanish, Portuguese, Haitian Creole, or another language), <b>Money</b> (join if you are excited about financial redistribution), <b>Hotline</b> (join if you would be interested in helping us coordinate the hotline). There are also links to connect to or be the point person for <b>Neighborhood Pods</b> (hyperlocal text message groups or phone trees of you and your neighbors), <b>Offerings List</b> (enter your "offerings" into a public spreadsheet that others can view and reach out to you duirectly for support or vice versa), and a <b>Needs List</b> (if there is anything you need that is not found on the Offerings spreadsheet, you can add your need publicly or email to have it posted for a match anonymously).	339-545-1315	mutualaidmamas@g mail.com	
luslim American Society MAS) Mutual Aid	Follow links on the Google document for Offerings, Mutual Aid Needs List, Hotline for those who can't navigate the Google documents to make or receive offers, and a listing of housing related Facebook groups	617-588-0081	masmutualaid@gmail. com	
righam & Womens Hospital eighborhood Aid Network	The Neighborhood Aid Network has a simple goal: Provide a central place where neighborhood digital platforms can aggregate and standardize and where volunteers receive information and training. We hope this academic-community partnership will help to mobilize the Boston area's rich communal and institutional resources to meet this serious new challenge.		humannetworkinitiativ e@gmail.com	
OVID-19 Resources for tudents				
UFTS Mutual Aid	Tufts Mutual Aid is a collective of Tufts students and staff aimed at mobilizing resources, information, and compassion to help members of our community during the COVID-19 pandemic.	(617) 684-5691	tuftsmutualaid@gmail. com	
IIT Mutual Aid	This form is for MIT alums (and grad students and post docs and other community members) who want to offer housing or other support to any MIT students who have been affected by COVID-19.			

Mutual Aid & Vol	unteer Support			
RESOURCE / LINK		PHONE	EMAIL	NOT
Harvard College Mutual Aid	Ability to Host or Store Belongings for Harvard College, Low-Income Students	PHONE		NUT
Mutual Aid for	This document is divided up into 3 categories - Can Ship Supplies, Local Help / Deliveries, and General &			
Immunocompromised Individuals in Need	Other. Within these categories, entries are organized alphabetically by state and country, including offerings in Massachusetts to ship or deliver supplies, run errands, etc.			
Allston-Brighton	Brighton Main Streets: Supporting Small Businesses During COVID-19			
Mutual Aid Arlington				
Arlington Helps	Community Support and Resources in Response to COVID-19 – submit form to offer or request specific assistance.			
Berkshires Mutual Aid				
Beverly Mutual Aid				
Mutual Aid Brookline	Mutual Aid Brookline is a community-generated initiative sharing emergency services and resources across Brookline that has created a central infrastructure for resources to be accessed quickly. We are an immediate solution to the widespread need of people affected by COVID-19. We are also connected to the major foundations and institutions in Brookline and are actively coordinating with them.	617-651-1468	MutualAidBrookline@ gmail.com	
Cambridge Mutual Aid Network				
Charles River Mutual Aid	We will be pooling funds in a Mutual Aid Fund to purchase food, medical supplies, and other necessities, and organizing to provide these resources to the community.			
Concord / Carlisle				
Dorchester				
East Boston / Chelsea				
Everett				
Framingham				
Jamaica Plain / Roxbury				
Lawrence				
Lexington				
Lincoln / Sudbury				
Lowell				
Lynn				
Malden Neighbors Helping Neighbors				
Natick				
Natick / Framingham				
Newton				
Quincy				
Revere				
Roslindale				
South End (Boston)				
South Coast: Fall River / New Bedford				
South Shore Mutual Aid				
Waltham				
Worcester	a place for Worcester folks to identify community need and develop community solutions to respond to those needs.			
VOLUNTEERING				
Boston Food Drive	City Councilor Annissa Essaibi-George is organizing a food drive for non-perishable food and canned goods. When you are at the grocery store shopping for your family, please consider adding a few canned goods or non-perishable items to your cart (especially cases of water and tuna or soup). If you can pick up ONE case of water or a FEW cans that would be helpful. Please contact her for more details and where to drop off.		annissa@annissaforb oston.com	

Mutual Aid & Volu	unteer Support			
RESOURCE / LINK	INFO	PHONE	EMAIL	NOTES
Rose's Bounty & <u>Arredondo</u> Family Foundation	AFF is working with Rose's Bounty, a food pantry in West Roxbury, MA that prepares food boxes and bags for Veterans & Military Families in the Greater Boston area. If you know of Veterans or Military Families who need assistance, contact Melida Arredondo at 617-637-2054 to add to our list. Rosie's Bounty provides fresh and canned food which volunteers from the Arredondo Family Foundation aid in delivering. Volunteers are always needed, along with funds for gas to assist volunteers making deliveries.	617-637-2054	melida@arredondofou ndation.org	The Arredondo Family Foundation can also assist veterans and families in need of assistance with pickup, delivery, and errands generally in addition to remote or in person volunteer support to organizations if needed!
Catie's Closet	Update from The Mission Continues Boston & Lowell Service Platoons – This pandemic has left over 1,600 homeless families in need of immediate assistance of necessities and clothing in the cities of Boston and Lowell. Looking for a way to help during this difficult time? Our friends at Catie's Closet are working directly with schools in Boston and Lowell to continue to provide clothing and toiletries to students and families. Let's join them in helping some of our most vulnerable individuals by donating gently used clothing (both children's and adult sizes) and new full-size toiletries. You can donate by dropping off your donation M-F between 10am-4pm, at 19 School Street in Dracut or 63 Sprague Street in Hyde Park. You can still maintain your social distance during the drop-off because they have bins right outside to leave your donation, and the staff will bring them inside after you leave. You can also purchase items for their Amazon Wishlist and have them shipped directly. To access their wishlist, make a monetary donation, and more please visit the website.			
Army	The U.S. Army is reaching out to gauge the interest of retired officers, NCOs and Soldiers who would be willing to assist with the COVID-19 coronavirus pandemic response effort should their skills and expertise be required. These extraordinary challenges require equally extraordinary solutions and that's why we're turning to you – trusted professionals capable of operating under constantly changing conditions. When the Nation called – you answered, and now, that call may come again. If interested and you remain qualified to serve in any of the following health care specialties: 60F: Critical Care Officer; 60N: Anesthesiologist; 66F: Nurse Anesthetist; 66S: Critical Care Nurse; 66P: Nurse Practitioner; 66T: ER Nurse; 68V: Respiratory Specialist; 68W: Medic - we need to hear from you STATI If you are working in a civilian hospital or medical facility, please let us know. We do not want to detract from the current care and treatment you are providing to the Nation. While this is targeted at medical specialties; if you are interested in re-joining the team and were in a different specialty, let us know your interest. If interested please contact Human Resources Command, Reserve Personnel Management Directorate by email or phone, and provide your phone number, address, email, and MOS/Branch.	502-613-4911	usarmy.knox.hrc.mbx. g3-retiree- recall@mail.mil	
Boston Veterans Services	Contact veterans@boston.gov - need volunteers to connect with veterans			
American Red Cross	The Red Cross strongly urges donations to avoid a shortage as coronavirus cases increase. Make appointment by visiting their website or by phone.	800-733-3767		
Federal Emergency Management Agency	Information about donations and volunteering			
MonAmi	Sign up to join the Mon Ami Phone Bank and help seniors isolated by COVID-19. We offer friendly Phone Bank calls, grocery runs, tech help over the phone, and virtual concerts. Mon Ami will help you find a compassionate companion to say hello, how can I help, and I'm here for you. #CancelLoneliness and share kindness.	(650) 267-2474		
Open Source COVID Medical Supplies (OSCMS)	If infections proceed at their current pace across the globe, we will not have enough supplies like ventilators, respirators, PPE, etc. to meet demand. This group is being formed to evaluate, design, validate, and source the fabrication of open source emergency medical supplies around the world, given a variety of local supply conditions.			